



CURRICULUM VITAE

Dr. LANCY D'SOUZA
 Professor & Head
 Dept. of Psychology
 Maharaja's College
 University of Mysore
 Mysore – 570 005. INDIA.

Tel : Off. 91-821-2419272

Cell: 91-99863-32616

h-Index: 14 (Scholarometer)
 e-mail: lancyd@ymail.com
lancyuom@gmail.com

QUALIFICATIONS

Degree	Subject/s	Class Obtained	University
Ph.D.	PSYCHOLOGY	-	Mysore
M.A.	PSYCHOLOGY*	I	Mysore
B.Sc.	Psy/Bot/Chem	I	Mangalore
Diploma	Psy'l Counseling	I	IHCA. Chennai
Diploma	Bio-Diversity	-	Kyoto Univ. JAPAN

* Secured II Rank in M.A.

CAREER:

Position	Year's	Institute
Professor	July 2018 to date	Maharaja's College, Mysore, UOM
Associate Professor*	Nov. 2008 to June 2018	Maharaja's College, Mysore, UOM
Selection Grade Lecturer	Nov. 2005 to Nov. 2008	Maharaja's College, Mysore, UOM
Senior lecturer	Nov. 2000 to Nov. 2005	Maharaja's College, Mysore, UOM
Lecturer (Permanent)	Nov. 1996 to Nov. 2000	Maharaja's College, Mysore, UOM
Lecturer (Temporary)	1994-1996	Maharaja's College, Mysore, UOM
Lecturer (Temporary)	1992-1994	P.G. Dept. of Psychology, UOM
Research Student	1990-1992	University of Mysore

Teaching PG courses from last 20 years

Recognized Ph.D guide from University of Mysore

Subject	Year's	University
Psychology	1999	University of Mysore
Criminology & Forensic Science	2017	University of Mysore

AWARDS

Sl no	Award	Year	Details	Conference
1	IPA presidents Gold medal award	2016	Conferred by the President IPA for excellence in Psychology	National conference of IPA on current issues in Psychological aspects of student's personal, school and family life
2	Best paper Award (International)	28-30 Apr 2006	Effect of shyness on performance, personality and intelligence of students of physical education	International Conference on Physical education and sports sciences, held at Kasturba Medical College, Manipal, jointly organized by AIU (Association of Indian Universities) and NAPESS

PROJECTS/TECHNICAL REPORTS COMPLETED

Sl no	Authors	Year	Project title	Funding agency
1	Jois, S., D'Souza, L. Aithal, R. & Moulya, R.	2016	Pranic Energy Perception and impact of Prana on Wellbeing of Adolescents	World Pranic healing centre, Mysore
2	Jois, S., D'Souza, L. & Moulya, R.	2015	Effectiveness of MCKS super brain yoga on short term memory of school children in association with Social welfare department, Mysore Taluk, Govt. of Karnataka	World Pranic healing centre, Mysore
3	Jois, S., D'Souza, L. & Moulya, R.	2015	Effectiveness of MCKS super brain yoga on short term memory, visuo-spatial ability and academic performance of students. Report submitted to Sri Morarji Desai Residential School, Mysore	World Pranic healing centre, Mysore
3	Jois, S., & D'Souza, L.	2014	Effects of Pranic healing on functional health and wellbeing of inmates (conducted at Mysore central prison). Report submitted to Dept. of AYUSH, Karnataka and Prison department, Mysore central prison	World Pranic healing centre, Mysore
4	Jois, S., & D'Souza, L.	2014	Effectiveness of MCKS super brain yoga on academics, psychological and physical wellbeing. Report submitted to Dept. of AYUSH, Karnataka and Mysore Zilla Panchayat.	World Pranic healing centre, Mysore
5	D'Souza, L	2011	Prevalence of Shyness on South India. Efficacy of Behaviour therapy, Allopathic and Indian medicine on the treatment of shyness	UGC, Regional Office, Bangalore

6	Rao, Sudha, V., & D'Souza, L. , & Mohan, M	2005	A research study on impact of adolescence education on adolescent reproductive health behaviour. Mimeographed.	National Council of Educational Research and Training (NCERT), New Delhi
7	Siddegowda, Y.S., D'Souza, L. , Urs, G.B.	2000	Assessment of subjective wellbeing of the executives of Rane Madras (Mysore) at work place and at home: Implications for the Advanced Management". Project report submitted to CEO, RANE (Madras), Mysore	Rane Madras, Mysore
8	Rao, Sudha, V., & D'Souza, L. ,	2000	A needs assessment study in adolescent education in Mysore district. Mimeographed.	National Council of Educational Research and Training (NCERT), New Delhi.
9	Singh, M., Singh, M. Kumar, M.A., Kumara, H.N., D'Souza, L. , & Bertsh, C. 1999	1999	Ecology and Evolution of Sociality in non-human Primates in South India.	Ministry of Environment and forests, Government of India.
10	Singh, M., Udayan, A., Singh, M., D'Souza, L. , Kumar, M.A., Kumara, H.N. & Salahuddin, M. 1997	1997	Status survry of slender loris (<i>Loris tardigraduslydekikerianus</i>) in Dindigul, Tamilnadu, India.	Zoological Society of San Diego, USA

Ph.D GUIDANCE- DEGREE AWARDED PSYCHOLOGY/CRIMINOLOGY & FORENSIC SCIENCE (UNIVERSITY OF MYSORE)

Sl.no	Name	Topic	Year of Award	Subject
1	Anil Kumar, S	Social responsibility of parents and educational institutions in the prevention of criminality and crime-A comparative study	2023	Criminology & Forensic Science
2	Rajeev S	A study of problems experienced by staff and inmates in children homes of Karnataka	2022	Criminology & Forensic Science
3	Sumaiah Shamreen	Assessment of PUBG usage among adolescents and its influence on nomophobia and quality of life	2022	Psychology
4	Somayyeh Pirkamali	Instagram usage among Indian and Iranian adolescents and its influence on sleep quality and wellbeing	2021	Psychology
5	Shwetha, T.K.	Shyness in relation to orientation to mental illness and help seeking behavior among caregivers of psychotic patients	2020	Psychology

6	Reneesh K Rajan	Criminogenic needs and risk assessment of first time repeated male offenders.	2018	Criminology & Forensic Science
7	Yashodhara Kumar, G.Y	Shyness among Children with Learning Disability in Relation to Anxiety-Depression dyad and Quality of Life	2018	Psychology
8	Ranganath, P.R	Academic stress in relation to shyness among students pursuing professional and non-professional courses	2018	Psychology
9	Mahadevaswamy, P	Internet addiction, shyness and subjective wellbeing among adolescents	2017	Psychology
10	Meghana Nabhiraj	Assessment of behavioural problems in late childhood and their relationship with shyness and wellbeing	2017	Psychology
11	Masoumen Hakimian	The role of early maladaptive schemas in predicting outcome of cognitive behavior therapy and systematic desensitization in obsessive compulsive disorder-a comparative study	2016	Psychology
12	Vani H	Triarchic abilities among adolescents and their relationship with academic achievement and shyness	2016	Psychology
13	Malathi V	Effect of shyness on interpersonal relationship and social conformity among college students.	2016	Psychology
14	Shankaralinge Gowda, D.K.	Assessment of adolescent problems and their relationship with shyness (in Kannada)	2015	Psychology
15	Nasrin Balilashk	Prevalence of shyness and its relationship with creativity and wellbeing among adolescents	2014	Psychology
16	Chandrashekhara, D	Shyness, adjustment and technology use among adolescents (in Kannada).	2013	Psychology
17	Seyed SoleimanHosseini Nik	Shyness and social anxiety among adolescents-intervention through morita therapy	2013	Psychology
18	Jagadish S N	Effectiveness of Cognitive Behaviour Therapy on anxiety, adjustment and shyness among male patients with dhat syndrome and erectile dysfunction	2012	Psychology
19	Sr. Arpana	Effectiveness of life skills training on shyness among adolescents	2012	Psychology
20	Natesha N	Prevalence of shyness in childhood and its influence on self-concept, happiness and reaction time (in Kannada)	2011	Psychology
21	Daryoush Ghasemian Sour Beni	Effectiveness of rational emotive behaviour therapy on shyness among adolescents in India	2011	Psychology
22	Sedighe Ebrahimi Alavikolah	Prevalence of subtypes of shyness and its influence on anxiety and wellbeing	2011	Psychology

23	Somesha C	Assessment of shyness among adolescents and its relationship with loneliness, depression and adjustment (in Kannada).	2011	Psychology
24	H M Ramakrishne Gowda	Assessment of emotional and social intelligence among adolescents and their relationship with shyness (in Kannada)	2010	Psychology
25	H Y Sreeshakumar	Assessment of differential implication of various psychosocial factors on age related developmental aspects of adolescent boys and girls	2010	Psychology
26	Moslem Saberi	Prevalence of shyness in Iran and India and its relationship with emotional and social maturity among adolescents	2009	Psychology
27	Bindu Ashwini	A comparative study of psychological problems of employees of call centers with employees of multinational companies	2009	Psychology
28	Hasan Baniasadi	Impact of non-verbal communication training on marital satisfaction	2008	Psychology
29	Kazem Sheriatnia	Effectiveness of CBT and CBGT on the treatment of shyness among adolescents in Iran	2008	Psychology
30	Jayaraju R	An integrated study of psychological problems of jail inmates of Karnataka (in Kannada)	2005	Psychology

POST DOCTORAL GUIDANCE- CRIMINOLOGY & FORENSIC SCIENCE

Sl.no	Name	Topic	Subject	Year of Award
1	Anup Kudtarkar	Terrorist Profiling system: A comparative analysis of India and United Kingdom	Crim & For Science	2021

Ph.D CO-GUIDANCE- DEGREE AWARDED-UNIVERSITY OFMYSORE

Sl.no	Name	Topic	Subject	Year of Award
1	Bhaskar, H.N.	A study on the differential effects of psychosocial factors and sports performance of university students: Comparative study	Physical Education	2014
2	Krishnayya P	A study of relationship of socio-economic status with physical fitness, health status, sports performance and proneness to disorders among Mysore University students	Physical Education	2007

Ph.D GUIDANCE-CANDIDATES WORKING

Sl.no	Name	Subject	Status
1	Jinson George	Psychology	Thesis writing
2	Sujatha M	Psychology	Data collection
3	Benzita Roshal Ferrao	Psychology	Registered

4	Prabhu L	Psychology	Registered
5	Supriya, L	Criminology/ For Science	Enrolled
6	Pradeep	Criminology/ For Science	Enrolled
7	Sunitha S	Psychology	Enrolled
8	Amina Sitara	Psychology	Thesis writing
9	Rithvik Kashyap	Psychology	Data collection
10	Ashalatha D M	Psychology	Enrolled
11	Pradeep, C	Criminology/ For Science	Enrolled
12	Sinchana P	Psychology	Enrolled

M.PHIL GUIDANCE

Sl no	Name	Topic	Subject	Year of Award	University
1	Raghavendra K	An evaluative study on expert evidence in criminal trials	Forensic Science	2013	Mysore
2	ChittiBabu K	Influence of parenting style on self-esteem and shyness in D.Ed students	Psychology	2012	Venkatesh wara
3	Gokul R	Triangles-track residues & impressions assisted novel gait language evaluation study	Forensic Science	2012	Mysore
4	Deepthi	Life after Crime-of the child in conflict with law	Correctional Administration	2012	Mysore
5	Rajesh C	Comparative study of fingerprints between normals and transgenders	Forensic Science	2012	Mysore
6	Nandini P	Personality and effectiveness among teachers working in autonomous and non-autonomous institutions	Psychology	2010	Annamalai
7	Akhilesh S	Assessment of shyness among adolescents and its relationship with creativity	Psychology	2009	Venkatesh wara
8	D K Shankaralinge Gowda	Assessment of shyness among tribal and rural adolescents and its relationship with vocational interests	Psychology	2009	Venkatesh wara
9	Ravi Kumar M B	Comparative study of shyness and self-confidence between stutterers and non-stutterers	Psychology	2009	Venkatesh wara
10	Prabhakara M L	Assessment of shyness among children and its influence on adjustment	Psychology	2009	Venkatesh wara
11	Rajesh	Children shyness related with fear	Psychology	2009	Venkatesh wara
12	Surma S	Prevalence of adolescent problems and its relationship	Psychology	2009	Vinayaka Mission

		with shyness			
13	Sr.Sagaya Mary	Environmental awareness and attitude among high school students	Psychology	2008	Annamalai
14	Shameer	Effect of sea erosion on the psychological wellbeing of residents on coastal belt	Psychology	2008	Annamalai
15	Divyashree R K	Relationship between leadership styles and communicative style among managerial level	Management	2008	Madurai Kamaraj
16	Venkateshaiah	Mental health and stress among call center employees	Psychology	2008	Annamalai
17	Prasad, H.D	A study of perceived social support and coping strategies of HIV+ patients on ART	Psychology	2008	Vinayaka Missions
18	Rajeshwari, M P	Assessment of shyness among adolescents and its relationship with fear	Psychology	2008	Venkateswara
19	Puttaraju B	Assessment of shyness among Children and its relationship with fear	Psychology	2008	Venkateswara
20	Yashodhara Kumar G Y	Assessment of occupational stress and proneness to various psycho medical illnesses among employees in medical profession	Psychology	2008	Annamalai
21	Prabhu L	Influence of different work schedules on job stress and adjustment of employees in medical profession	Psychology	2008	Annamalai
22	RajaniAithal	Prevalence of stress among adolescents and its relationship with social maturity	Psychology	2008	Venkateswara
23	Manonmani M S	Relationship between shyness and Inferiority and Insecurity	Psychology	2008	Venkateswara
24	Sowmya	Stress in relation to mental health among IT employees	Psychology	2008	Annamalai
25	Sheena Mathew	A comparative study of personality values and job satisfaction among teachers	Psychology	2007	Annamalai

ACADEMIC VISITS ABROAD

sl	Year	City	Country	Conference	Organizers
1	2019	Moscow	Russia	XVI, <i>European Congress of Psychology-2019</i>	UNESCO, EFPA, Russian psychological society
2	2018	Singapore	Singapore	<i>5th Academic conference on social sciences</i>	Conscientia beam, Singapore
3	2017	Amsterdam	Netherlands	<i>15th European Congress of Psychology-2017</i>	EFPA (European Federation of

					Psychologists' Associations).& INPA, Effa
4	2016	Melbourne	Australia	8 th World Congress on Cognitive and behavior therapies	Australian association for Behavioural and Cognitive therapy
5	2015	Milan	Italy	<i>14th European Congress of Psychology-2015</i>	EFPA (European Federation of Psychologists' Associations).& INPA
6	2014	Paris	France	<i>International Congress of Applied Psychology-2014</i>	ICAP-Paris
7	2013	Madrid	Spain	<i>International Psychological Applications Conference and Trends 2013, April 26-28</i>	InPACT-Madrid
8	2012	Bangkok	Thailand	<i>Behavioural, Cognitive and Psychological Sciences (BCPS-2012)</i>	IEDRC, Thailand
9	2012	Cape town	South Africa	<i>International Congress of Psychology (ICP), July 23-27</i>	Psy SSA, National Research Foundation,
10	2011	Colombo	Srilanka	<i>International Conference on psychology and allied professions, Dec 5-8</i>	Sri Lankan Assn for Psychology, Counselling and psychotherapy & Kelaniya University
11	2011	Tehran	Iran	<i>International Congress on Psychology, Religion and Culture, May 14-16.</i>	Tehran University
12	2010	Chiangmai	Thailand	<i>International conference on sports and exercise science 2010/ Dec 11-14</i>	Mahidol University, Chiangmai
13	2009	Bangkok	Thailand	<i>International conference on sports and exercise science 2009/ Dec 1-3</i>	Kasetsart University
14	2009	Kuala Lumpur	Malaysia	<i>International conference on applied psychology/ March 12-14</i>	University Malaya
15	2007	London	United Kingdom	<i>2nd International conference on child and adolescent psychopathology/ Jul 5-6</i>	Roehampton University, UK

16	1999	Kyoto	Japan	<i>Asia science seminar on bio-diversity held at Kyoto university, Inuyama, Aichi, Jul 26-6th Aug</i>	Japanese Society for promotion of Science
----	------	-------	-------	--	---

RESEARCH ARTICLES/REVIEWS OUBLISHED

Sl.no	Author/s	Year	Article	Journal	Vol/p no	ISSN/ ISBN
1	Priyanka, VR, Singh, M. & D'Souza, L.	2022	Suicidal Ideation in India: An Understanding of The Current Literature	<i>International Journal of Indian Psychology</i>	10 (3), 1558-1589	2348-5396
2	Vinu V, Jois S N, Moulya R, Mphil, Meena M, Nagendra Prasad K, D'Souza L.	2022	Longitudinal Evaluation of Superbrain Yoga Practice on Academic Performance among Adolescents.	<i>Health Education and Health Promotion</i>	10 (2), 271-276	2345-2897
3	Swamy, M., P., D'Souza, L. & Manish, S	2022	Relationship between shyness and psychological wellbeing among adolescents	Conference proceedings- psychological wellbeing in the pandemic era	119-126	978-93-91775-19-3
4	Kumar, A.S, , D'Souza, L., & Rangaiah, B.	2022	Development and validation of questionnaire on the social responsibility of the teachers, and parents in the prevention of criminality and crime	<i>Journal of Indian Academy of Applied Psychology</i>	48 (Accepted)	0019-4247
5	Shamreen, S. & D'Souza, L.	2022	Influence Of PUBG Usage on Nomophobia among Adolescents	<i>International Journal of Indian Psychology</i>	10 (1), 1619-1624	2348-5396
6	D'Souza, L., Aghili, M, Nasiri, Z., & ASghari, A	2021	The Influence of Mindfulness on Cravings, Stress, and Cortisol Levels in Crystal Meth-Using Males in Mashhad	Iranian Journal of health psychology	4(4), 17-26	2783-2686
7	Kumar, P.P., D'Souza, L., & Manish, S.	2021	Influence of smartphone addiction on sleep quality among prison staff in Karnataka	Shodh sarita	8 (29), 176-181	2348-2397
8	Kudtarkar, A & D'Souza	2021	Terrorist profiling inputs and decision process model-A study on Indian law enforcement officials and academicians	Shodh sarita	8 (29), 296-302	2348-2397
9	Błachnio,A., Aneta Przepiórka,	2021	Country Indicators Moderating the Relationship Between Phubbing and Psychological	<i>Frontiers in Psychology</i>	12, 588174	1664-1078

	D'Souza, L ----		Distress: A Study in 20 Countries			
10	Kumar, P.P, D'Souza, L., & Mallikarjuna, R.	2021	Assessment of general health status of home guards and influence of select demographic variables	<i>Shodh Sanchar Bulletin</i>	11 (41), 277-281	2229-3620
11	Kumar, A.S, , D'Souza, L., & Rangaiah, B.	2021	Social Responsibility of Parents and Teachers in Prevention of Criminality and Crime: A Perceptual Analysis	<i>International Journal of Indian Psychology</i>	9 (4), 2365-2373	2348-5396
12	Kudtarkar A. A. & D'Souza L	2021	Terrorist Profiling Process and Psychological Attributes-Opinion of Indian Law-Enforcement Officials and Academicians	<i>International Journal of Indian Psychology</i>	9 (3), 2325-2330	2348-5396
13	Nanjunda DC, Murthy R, Yogesh, Dinesha, Lakshmi SJ, D'Souza L	2021	Recent Trends in Selected Socio-economic Determinants of Suicide: A Cross Sectional Study from South Karnataka, India.	<i>Online Journal of health and allied sciences</i>	20(2), 3	0972-5997
14	Shamreen, S. & D'Souza, L.	2021	PUBG usage among adolescents: Influence of select demographic variables	<i>Shodh Sanchar Bulletin</i>	11 (41), 310-314	2229-3620
15	Błachnio,A., Aneta Przepiórka,, D'Souza, L ----	2021	Measurement invariance of the Phubbing Scale across 20 countries	<i>International Journal of Psychology,</i>	56 (6), 885-894	:1464-066X
16	Urs, G.B & D'Souza, L.	2021	Assessment of Depression in Headache patients: Influence of secondary variables	<i>International journal of Psychosocial rehabilitation</i>	25 (1), 69-80	1475-7192
17	Urs, G.B & D'Souza, L.	2021	A comparative study of Anxiety among Headache patients: Influence of secondary variables	<i>International journal of Psychosocial rehabilitation</i>	25 (1), 57-68	1475-7192
18	Ramadass, S.A., D'Souza L, Pandit, K., Karnat, M., & Berk, U	2021	Agnihotra as an inexpensive method to treat HIV/AIDS – A pilot study	<i>Integrative Medicine Case Reports</i>	2(1), 6-9	2582-6255
19	Kumar P., D'Souza L., & Meshak, M.S.	2020	Relationship between internet addiction and depression, anxiety, and stress among prison staff	<i>Shodh Sarita</i>	7(28), 18-23	2348-2397
20	Rajeev, S., & D'Souza, L.	2020	Depression, anxiety and stress among inmates of children homes of Mysuru and Kalaburgi divisions	<i>Shodh Sanchar Bulletin</i>	10 (40), 64-68	2229-3620
21	Kumar P., D'Souza L.,	2020	Internet addiction among prison staffs and influence of	<i>International Journal of</i>	8 (4),1506-	2348-5396

	Akanksh S. & Aliya W. K.		selected demographic variables	<i>Indian Psychology</i>	1512	
22	Akanksh S. S., D'Souza L. & Manish S.	2020	The effect of Instagram addiction on quality of life among undergraduate students in Mysuru	<i>International Journal of Indian Psychology</i>	8 (4),1324-1330	2348-5396
23	Aliya W. K., Aliya A. & D'Souza L	2020	Assessment of gratitude and well-being and their relationship: influence of select demographic variables	<i>International Journal of Indian Psychology</i>	8 (3),1794-1801	2348-5396
24	Meshak M., D'Souza L. & Manish. S	2020	Prevalence of smartphone addiction among undergraduates and its relationship with nomophobia.	<i>International Journal of Indian Psychology</i>	8 (3),1750-1757	2348-5396
25	Jois, S.N., Manasa, B., , Moulya, R & D'Souza, L	2020	Pranic energy sensations experienced by Indian adolescents: A cross- sectional study	<i>Indian journal of traditional knowledge</i>	19 (3), 502-508	0972-5938
26	Samyukta, A., & D'Souza, L	2020	Relationship between Facebook Addiction and sleep quality among college students	<i>Journal of Indian Academy of Applied Psychology</i>	46 (2), 183-188	0019-4247
27	Jois, S.N., Sowmya, S, N, D'Souza, L & Moulya, R	2020	Comprehending the Aura between the hands	<i>Indian journal of traditional knowledge</i>	19 (3), 494-501	0972-5938
28	Gowda, H.M.R., D'Souza, L. & Nagendra, K.S	2020	Effect of shyness on emotional intelligence of adolescents	<i>International journal of Psychosocial rehabilitation</i>	24 (4), 9393-9401	1475-7192
29	Pirkamali, S & D'Souza, L.	2020	Extent of Instagram usage among students of India and Iran: A Comparative study	<i>Dogo Rangsang Research Journal</i>	10 (7), 250-261	2347-7180
30	Pirkamali, S & D'Souza, L.	2020	Extent of sleep quality among students of India and Iran: a comparative study	<i>International journal of Psychosocial rehabilitation</i>	24, 7272-7280	1475-7192
31	Sehati, M.A., Mirabi, M., Zarch, S H M., Zarchi, M.S., D'Souza, L	2020	Designing a Virtual-Social Learning Environment for Awareness about Diabetes and Its Effectiveness on the Knowledge and Self-efficacy of Male Students' Mothers	<i>Interdisciplinary Journal of Virtual Learning in Medical Sciences</i>	11 (1), 54-60	2476-7271
32	Jois, S.N., Prasad, N & D'Souza, L	2020	Superbrain Yoga Enhances Well-Being among School Students	<i>Indian Journal of Public health research & Development</i>	11 (1), 629-634	0976-0245
33	Rajeev, S., & D'Souza, L	2020	Problems Faced By Inmates of Children Homes in Karnataka: A Comparative Study Between Mysuru and Kalaburagi Divisions	<i>The Heritage</i>	68(30), 1490-1502	0474-9030

34	Gayathri, R Jois, S.N.. D'Souza, L , Prasad, N	2019	Cognition, the key to experience Pranic energy	Psychology and Education Journal	56(3-4), 16-23	0033-3077
35	Jois, S.N. Manasa B., Bellal, D'Souza, L , Moulya, R., Prasad, N & Krishna Murthy	2019	Exploratory Study on Experiences During Pranic Energy Transfer	Psychology and Education Journal	56(2), 1-10	0033-3077
36	D'Souza. L , & Dolma, P.,	2019	Extent of PUBG Addiction among Indian and Tibetan Students: A Comparative Study	<i>International Journal of Indian Psychology</i>	7 (2), 482-488	2348-5396
37	D'Souza. L , & Manonmani, M.S.,	2019	A Comparative Study of Instagram Addiction among Students Pursuing Dental and Speech & Hearing courses	<i>International Journal of Indian Psychology</i>	7 (1), 204-210	2348-5396
38	Cotter, C.J. Gowda, H.M.R., & D'Souza, L	2019	Influence of work motivation on quality of life among railway employees	<i>International Journal of Indian Psychology</i>	7 (1), 336-342	2348-5396
39	D'Souza. L , Samyukta, A, & Michael. M	2019	Extent of PUBG Addiction in South India: Influence of Select Demographic Factors.	<i>International Journal of Indian Psychology</i> ,	7(1), 1060-1066.	2348-5396
40	Deeksha, S., & D'Souza, L	2019	Sleep quality among students pursuing paramedical and speech and hearing courses: A comparative study.	<i>Shanlax International Journal of Arts, Science and Humanities</i>	15 (spl issue 2) 97-104	2321-788X
41	Manonmani, M.S & D'Souza, L	2019	Instagram addiction among students pursuing paramedical and non-professional courses: A comparative study	<i>Shanlax International Journal of Arts, Science and Humanities</i>	10 (spl issue, 2) 194-200	2321-788X
42	Ranganatha, P.R & D'Souza, L	2019	A Comparative Study Of Instagram Addiction Among Students Pursuing Paramedical And Dental courses	<i>Shanlax International Journal of Arts, Science and Humanities</i>	10 (spl issue, 2) 175-181	2321-788X
43	Mahadevaswamy , P., & D'Souza, L	2019	Assessment of sleep quality between students pursuing pharmacy and non-professional courses: a comparative study	<i>Shanlax International Journal of Arts, Science and Humanities</i>	9 (spl issue, 2) 203-210	2321-788X
44	Manish, S. & D'Souza, L.	2019	Instagram Addiction and Stress Among Students Pursuing Paramedical Course: A Correlational Study	<i>Shanlax International Journal of Arts, Science and Humanities</i>	8 (spl issue 2), 272-278	2321-788X
45	Samyukta, A., & D'Souza, L	2019	Does Instagram Addiction Lead to Depression Among Students Pursuing Paramedical Course?	<i>Shanlax International Journal of Arts, Science and Humanities</i>	8 (spl issue 2), 266-271	2321-788X
46	D'Souza, L & Sowmya, H.R	2019	Relationship Between Instagram Addiction and Anxiety Among Students	<i>Shanlax International Journal of Arts,</i>	8 (spl issue 2), 15-22	2321-788X

			Pursuing Paramedical Course	<i>Science and Humanities</i>		
47	Aithal, R. & D'Souza, L.	2019	Influence Of Shyness On Social Maturity Among Adolescents	<i>Shanlax International Journal of Arts, Science and Humanities</i>	6 (spl issue 2), 248-253	2321-788X
48	D'Souza, L., & Negahban, M.B	2019	Instagram virtual network addiction and sleep quality among students pursuing speech and hearing course	<i>Interdisciplinary Journal of Virtual Learning in Medical Sciences</i>	10 (1), 1-10	2476-7271
49	D'Souza, L, & Sowmya, H.R	2019	Does Instagram addiction Leads To Depression among Students Pursuing Pharmacy Course?	<i>International journal of Indian Psychology</i>	7(1), 798-803	2348-5396
50	D'Souza, L., & Deeksha, S	2019	Instagram addiction And Anxiety among Students Pursuing pharmacy course	<i>International journal of Indian Psychology</i>	7(1), 821-827	2348-5396
51	D'Souza, L.	2019	Instagram Addiction Among Students Pursuing pharmacy and non-professional courses: A comparative study	<i>International journal of Indian Psychology</i>	7 (1),	2348-5396
52	D'Souza, L., Manish, S., & Deeksha, S	2019	Development and validation of PUBG addiction test (PAT)	<i>International journal of Indian Psychology</i>	7 (1), 562-574	2348-5396
53	D'Souza, L. & Manonmani, M.S.	2019	A Comparative Study Of Instagram Addiction Among Students Pursuing Dental And Speech & Hearing courses	<i>International journal of Indian Psychology</i>	7 (1), 204-210	2348-5396
54	D'Souza, L.	2019	Instagram Addiction Among Students Pursuing Medical And dental courses: A comparative study	<i>International journal of Indian Psychology</i>	7 (1), 443-448	2348-5396
55	Jois, S.N; Shivarajapura, S., Prasad, K N., & D'Souza, L.	2018	Training in Aura Reading: Results from a Small Quasi-Experimental Study in India (Research Note).	<i>International Journal of Transpersonal Studies</i>	37 (2), 171-176	1321-0122
56	D'Souza, L & Sowmya, H.R	2018	Instagram addiction among students pursuing medical and non-professional courses: a comparative study	<i>International journal of Indian Psychology</i>	6 (4), 4-10	2348-5396
57	D'Souza, L. & Hemamalini, M.J	2018	Instagram Addiction And Depression Among College students	<i>International journal of Indian Psychology</i>	6(4), 96-102	2348-5396
58	D'Souza, L.	2018	Extent of Instagram Addiction among College Students in Mysuru city: Influence of Select Demographic Factors	<i>International journal of Indian Psychology</i>	6 (4), 4-10	2348-5396
59	D'Souza, L. & Hemamalini, M.J	2018	Does Anxiety Influences Instagram Addiction Among College Students?	<i>International journal of Indian Psychology</i>	6(4), 167-173.	2348-5396
60	Shwetha, K.T. & D'Souza, L	2018	Help seeking behavior among caregivers of psychotic patients- influence of select demographic factors	<i>International journal of Indian Psychology</i>	6(4), 36-41	2348-5396

61	Shwetha, K.T. & D'Souza, L	2018	Assessment of shyness among caregivers of psychotic patients	<i>International Journal of Psychology and Psychiatry</i>	6(2), 83-89	2320-6233
62	D'Souza, L.	2018	Instagram addiction among students pursuing paramedical and non-professional courses: A comparative study	<i>International Journal of Psychology and Psychiatry</i>	6(2), 69-75	2320-6233
63	D'Souza, L, Manish, S., & Deeksha, S	2018	Comparative Study Of Sleep Quality Between Pre University And Undergraduate Students: Influence Of Select Demographic Factors	<i>International journal of Indian Psychology</i>	6(4), 44-52	2348-5396
64	D'Souza, L., Sukesh, P & Ravi, M.	2018	Personality correlates of internet addiction among college students	<i>International journal of Indian Psychology</i>	6 (4), 122-127	2348-5396
65	Rao, L.N., Varsha, P.S & D'Souza, L	2018	Political Empowerment through SHGs: Influence of selected demographic factors	<i>Asian Journal of Development matters</i>	12 (2), 64-71	0973-9629
66	Karnat, M.S., Srimathi, N.L & D'Souza, L	2018	Sexual dysfunctional beliefs in relationship with Shyness among Young Adults	<i>International Journal of Psychology and Psychiatry</i>	6 (2), 22-30	2320-6233
67	Deeksha, S & D'Souza, L	2018	Does Internet Addiction Affects Sleep Quality Of Pre-University Students?	<i>International journal of Indian Psychology</i>	6(4), 94-100	2348-5396
68	D'Souza, L. & Ranganatha R.	2018	Shyness correlates of Instagram addiction	<i>International journal of Indian Psychology</i>	6(4), 23-28	2348-5396
69	D'Souza, L, & Meenakshi, S	2018	Relationship between Instagram addiction and sleep quality among dental students	<i>International Journal of research in Engineering, IT and social sciences</i>	8 (10), 103-108	2250-0588
70	Rao, L.N., Varsha, P.S & D'Souza, L	2018	Psychological Empowerment through SHGs: Influence of selected demographic factors	<i>International journal of Indian Psychology</i>	6 (4), 145-153	2348-5396
71	D'Souza, L. , Samyukta, A & Bivera, T.J.	2018	Development and validation of test for Instagram addiction (TIA)	<i>International journal of Indian Psychology</i>	6 (3), 5-14	2348-5396
72	D'souza, L. & Samyukta, A	2018	Extent Of Facebook Addiction Among College Students: Influence Of Select Demographic Factors	<i>International journal of Indian Psychology</i>	6 (3), 4-10	2348-5396
73	Jois, S.N., & D'Souza, L,	2018	The effectiveness of Superbrain Yoga on concentration, memory and confidence in school students	<i>Indian journal of traditional knowledge</i>	17 (4), 741-744	0972-5938
74	Purusotham P, Venkatesan S, Pavithragini, D'Souza, L., Jayaraju R	2018	Comparison of Perceptual Ranking of Languages, Subjects and Teachers by Students with Learning Difficulty	<i>International journal of Indian Psychology</i>	6 (3), 125-130	2348-5396
75	D'Souza, L, Ravi, M, Lakshmeesh, D M & Singh, M	2018	Shyness Correlates of Facebook Addiction among College Students.	<i>International journal of Indian Psychology</i>	6 (3), 96-103	2348-5396

76	Jois, S.N. & D'Souza, L.	2018	Effectiveness of Superbrain Yoga on the Academic Performance and Attendance of School Students	<i>Psychology and Education</i>	55 (1-2), 56-61	
77	D'Souza, L & Samyukta, A	2018	Assessment of Sleep Quality among College Students: Influence of Select Demographic Factors	<i>International journal of Indian Psychology</i>	6(3), 178-185	2348-5396
78	Mahadevaswamy, P & D'Souza, L	2018	Internet addiction and shyness among adolescents	<i>International journal of Indian Psychology</i>	6 (3), 100-107	2348-5396
79	Karnat, M.S., Srimathi, N.L & D'Souza, L	2018	Sexual Self Concept In Relation To Shyness among Young Adults	<i>International journal of Indian Psychology</i>	6 (2), 139-145	2348-5396
80	Yashodharakumar, G.Y & D'Souza, L.	2018	Shyness among children with and without learning disability-A comparative study	<i>International journal of Indian Psychology</i>	6 (2), 60-68	2348-5396
81	Pratiksha, N. & D'Souza, L.	2018	Academic stress and its influence on academic achievement among early adolescents	<i>International journal of Indian Psychology</i>	6 (2), 12-19	2348-5396
82	Jois, S.N., D'Souza, L, Prasad, K.N., & Manasa, B.	2018	Enhancement of quality of life through pranik healing among working women employees	<i>Journal of psychological and educational research,</i>	26 (1), 147-157	2247-1537
83	D'Souza, L., Manish, S, Shravan raj, M.S.	2018	Relationship between academic stress and internet addiction among college students	<i>International journal of Indian Psychology</i>	6 (2), 99-106	2348-5396
84	Rajan, R & D'Souza, L	2018	Family and peer association among First Time and Repeated Male Offenders	<i>International journal of Psychology & psychiatry</i>	6(1), 52-60	2320-6233
85	Yashodharakumar, G.Y, & D'Souza, L.	2018	Depression among children with and without Learning Disability	<i>International journal of Psychology & psychiatry</i>	6(1), 89-101	2320-6233
86	Jois, S.N, D'Souza, L., Moulya, R.	2018	Effectiveness of Superbrain Yoga on short term memory, visuo-spatial ability and academic performance of students	<i>Indian journal of public health research and development</i>	9 (3), 183-187	0976-5506
87	D'Souza, L., Samyukta, A & Tejaswini, S.M.	2018	Relationship between Internet Addiction and Sleep Quality among Female Students	<i>International journal of Indian Psychology</i>	6(1), 83-88	2348-5396
88	Rajan, R & D'Souza, L	2018	Substance Abuse, Criminal Attitudes and Behavioural Patterns among First Time and Repeated Male Offenders	<i>International journal of Indian Psychology</i>	6 (1), 29-34	2348-5396
89	Jayaraju, R., D'Souza, L. & Rangaiah, B.	2018	Assessment of Stress among Physically Challenged Prisoners: Influence of Age and Nature of Physical Challengedness	<i>International journal of Indian Psychology</i>	6(1), 146-151	2348-5396
90	Ranganatha, P.R & D'Souza, L	2018	Assessment of academic stress among students pursuing professional and	<i>International journal of Indian Psychology</i>	6(1), 9-15	2348-5396

			nonprofessional courses.			
91	Jois, S.N., D'Souza, L , & Gayathri, R	2018	Effectiveness of pranic healing on functional health and wellbeing of Inmates at Mysore Central prison	<i>Indian Journal of Public health Research and development</i>	9(1), 146-151	0976-0245
92	Rezvan, A., G & D'Souza, L,	2017	Influence of Parenting Styles on shyness among adolescents	<i>International journal of Indian Psychology</i>	5(1), 49-55	2348-5396
93	Rezvan, A., G & D'Souza, L,	2017	Influence of Parenting Styles on mental health among adolescents	<i>European online journal of natural and social sciences.</i>	6(4), 667-673	eISSN : 1805-3602
94	Ranganatha, P.R & D'Souza, L	2017	Shyness among students pursuing professional and non-professional courses-A comparative study	<i>International journal of psychology and Psychiatry</i>	5 (2), 20-27	2320-6233
95	Mahadevaswamy , P & D'Souza, L	2017	Effect of internet addiction on psychological wellbeing among adolescents	<i>International journal of psychology and Psychiatry</i>	5 (2), 76-86	2320-6233
96	Mahesh P.A, Srikanth J.N, Ananthakrishna M.S, Parthasarathi G, Chaya S.K, Rajgopal. R, Renuka Devi M, D'Souza. L, Amrutha D.H.	2017	Amelioration of quality of life and lung function of chronic obstructive pulmonary disease by pranic healing as adjuvant therapy: A randomised double blind placebo controlled pilot study.	<i>Australian Medical Journal (AMJ)</i>	10(8), 665-673	1836-1935
97	Pirkamali, S & D'Souza, L.	2017	Effectiveness of psycho-educational intervention on suicide behavior, positive and negative syndromes and quality of life in patients suffering from schizophrenia	<i>International journal of Academic Research,</i>	4, 2 (4), 12-17	2348-7666
98	Mahadevaswamy , P & D'Souza, L	2017	Relationship between internet addiction and wellbeing among rural adolescents.	<i>International journal of multidisciplinary educational research</i>	6, 7(11), 196-201	2277-7881
99	Mahadevaswamy , P & D'Souza, L	2017	Effect of internet addiction on subjective wellbeing among adolescents	<i>Asian Journal of development matters</i>	11 (1), 73-81	0973-9629
100	Jois, S.N., Manasa, B., D'Souza, L , & Prasad, K N	2017	Viewing of air prana: an exploratory study of perceptions among participants of different gender and education	<i>Int J Res Ayurveda Pharm</i>	8(3), 51-55	2229-3566
101	Jois, S.N., D'Souza, L , Aithal, R , & Moulya R	2017	Psychological and bioplasmic states of adolescents upon viewing air and ground <i>prana</i>	<i>Indian journal of traditional knowledge</i>	16 (s), 30-34	0972-5938
102	Jois, S.N., D'Souza, L , & Moulya R	2017	Beneficial effects of super brain yoga on short term memory and selective attention of students	<i>Indian journal of traditional knowledge</i>	16 (s), 35-39	0972-5938

103	Rezvan, A., Gowda, H.M.R & D'Souza, L,	2017	Influence of Parenting Styles and Developmental Stages on Identity Formation among Adolescents	<i>International journal of Indian Psychology</i>	4(3), 97-105	2348-5396
104	Rezvan, A., Gowda, H.M.R & D'Souza, L,	2017	General health status of adolescents in and around Mysore city: Influence of developmental stage, area and gender	<i>ZENITH International journal of Multidisciplinary Research,</i>	7 (5), 22-30	2231-5780
105	Jois, S.N., Manansa., D'Souza, L,	2017	Pre and post experience of viewing human aura: An exploratory study.	<i>Int J Res Ayurveda Pharm</i>	8(2), 51-55	2229-3566
106	Jois, S.N., Manansa., D'Souza, L, Prasad, N.K	2017	Sensation of Pranic Energy between Hands: An Exploratory Study	<i>Indian Journal of Ancient Medicine and Yoga</i>	10(1), 5-11	0974-6994
107	Yashodhara, Venkatesan, S., & D'Souza, L.	2017	Mechanical comprehension ability in children with learning disabilities and hearing impairments – a comparative study	<i>Journal of the Indian academy of applied psychology</i>	43, (1) 59-66	0019-4247
108	Jois, S.N., Moulya, R D'Souza, L,	2017	Mitigation of perceived stress and enhancement of quality of life among female adolescents using Meditation on Twin Hearts	<i>Ind J Public Health Res & Devl</i>	8 (3) 228-233	0976-0245
109	Yathindra, H.A., Jois, S.N., & D'Souza, L,	2017	Enhancement of seed germination, fruit set and yield of Pole Beans (<i>Phaseolus vulgaris</i> L.) by Pranic Healing	<i>Ecology, Environment and Conservation</i>	23 (2), 812-814	0971-765X
110	Yathindra, H.A., Jois, S.N., Prasad K N & D'Souza, L,	2017	Influence of pranic agriculture on germination, flowering and yield of European cucumber	<i>Ecology, Environment and Conservation</i>	23 (3), 535-538	0971-765X
111	Jois, S.N., Manansa., D'Souza, L,	2017	Psychological wellbeing by awareness of air prana and the aura surrounding a tree among participants from different age group	<i>Indian Journal of Public Health Research and Development</i>	8 (3) 325-330	
112	Jois, S.N., Prasad, N, & D'Souza, L	2017	Morphology of Cucumber Plants as Influenced by Pranic Agriculture	<i>Science Alert - Asian journal of scientific research</i>	11 (1), 33-35	1992-1454
113	Jois, S.N., Roohie, K., D'Souza, L, Suma, F., Devaki, C.S, Urooj, A., Krell, R., & Prasad, N	2016	Physico-Chemical Qualities of Tomato Fruits as Influenced By Pranic Treatment-An Ancient Technique For Enhanced Crop Development	<i>Indian Journal of Science and Technology</i>	9 (46), 2-6	0974-5645
114	Mahadevaswamy , P & D'Souza, L	2016	Prevalence of internet addiction among adolescents in and Around mysore city: influence of select demographic variables	<i>International journal of psychology and Psychiatry</i>	41 (2), 1-9	2320-6233
115	Meghana, N. & D'Souza, L	2016	Influence of Behavioural Problems on Shyness in Late Childhood	<i>International journal of psychology and</i>	41 (2), 51-61	2320-6233

				<i>Psychiatry</i>		
116	D'Souza, L., Gowda, H M R & Yashodhara G Y	2016	Relationship between shyness and academic stress among adolescents.	<i>Asian Journal of Development matters</i>	10, 175-181	0973-9629
117	Hakimian, M & D'Souza, L.	2016	Effectiveness of Systematic Desensitization and Cognitive Behaviour Therapy in Reduction of Depression among Obsessive Compulsive Disorder patients-A Comparative Study	<i>International journal of psychology and Psychiatry</i>	4(1), 56-71	2320-6233
118	Hakimian, M & D'Souza, L.	2016	Effectiveness of Systematic Desensitization and Cognitive Behavior Therapy on Reduction of Obsessive Compulsive Disorder Symptoms: A Comparative Study	<i>European online journal of natural and social sciences.</i>	5(1), 147-154	eISSN: 1805-3602
119	Rao, M.V & D'Souza, L	2016	Association between shyness and social conformity among college students	<i>International journal of psychology and Psychiatry</i>	4 (1), 82-95	2320-6233
120	D'Souza, L	2015	Mental health among adolescent girls	<i>Conference proceedings- Women's mental health today (Ed. Noor Mubasheer)</i>	1-9	978-93-5258-164-1
121	Rao, M.V & D'Souza, L	2015	Assessment of shyness among college students: Influence of gender and area	<i>Asian Journal of Development matters</i>	9 (2), 125-134	0973-9629
122	Venkatesh, N., Sumangala, C., & D'Souza, L.	2015	The Effect of Six Sigma on Employees – A Case Study	<i>Nitte management Review</i>	9(1), 31-42	2231 - 6043
123	Jois, S., Ithal, R., D'Souza, L & Gayathri, R.	2015	The perception of prana and its effect on psychological wellbeing	<i>Journal of research: The Bede Athenaeum</i>	6, 216-219	00976-0598
124	Yashodhara, G.Y., & D'Souza, L.	2015	Assessment of occupational stress among medical professionals-A study of Doctors, Nurses and medical representatives	<i>Conference proceedings of Stress and resilience in Children, adolescents, women and social support groups</i>	1 (2) 11-22	978-93-5196-800-9
125	Aghili, M & D'Souza, L.	2015	The relationship between ADHD symptoms and big five factors in University students	<i>International journal of psychology and Psychiatry</i>	3 (2), 39-42	2320-6233
126	D'Souza, L	2015	Study on the relationship between shyness and academic stress among engineering students	<i>International journal of Psychology and psychiatry</i>	3 (2), 9-14	2320-6233
127	Ballal, V.R &	2015	Relationship between triarchic	<i>Journal of</i>	52, 13-20	0022-

	D'Souza, L.		abilities and shyness among adolescents	<i>psychological reseraches</i>		3972
128	Ballal, V.R & D'Souza, L.	2015	Assessment of triarchic abilities among adolescents: Influence of gender and area	<i>Indian journal of applied Psychology</i>	52, 13-19	0019-5073
129	Gowda, D.K.S & D'Souza, L.	2015	Relationship between shyness and adolescent problems,	<i>Journal of the Indian Academy of Applied sychology,</i>	41, 136-141.	0019-4247
130	Murthy, B.N., D'Souza, L. , Pradeep, P.	2014	Basic facilities available to prison staff-A comparative study of warders and officers and selected demographic variables	<i>Living sociology-quarterly International journal</i>	II (3), 27-33.	2320-6365
131	Balilashk, N. & D'Souza, L. , Esaghi, S.M., & Khanehkhshi, A.	2014	On the relationship of shyness with creativity and well being among Adolescents.	<i>International Journal of current life sciences,</i>	4 (9), 5434-5439.	2249-1465
132	Afshan, A., D'Souza, L. , & Manickam, S.	2014	Shyness and masculinity-femininity among adolescents staying in their homes and in hostels of Mysore	<i>Journal of Psychological Research</i>	51, 5-12	0019-5073
133	Gowda, D.K.S & D'Souza, L.	2014	Assessment of adolescent problems in and around Mysore city: Influence of developmental stage and gender.	<i>United Journal of Awadh Scholars UJAS),</i>	8, 13-21	0974-0503
134	Mohmed, I. Sumangala C. & D'Souza, L.	2014	Green Marketing Mix Strategies of Consumer Durables with Reference to Automobile Sector.	<i>International journal of Emerging Research in Management &Technology,</i>	3(6), 56-60.	2278-9359
135	Mohmed, I. Sumangala C. & D'Souza, L.	2014	Consumer perception towards green marketing Strategies employed by automotive sector.	<i>SAARJ Journal on Banking &Insurance Research,</i>	3 (3), 25-36.	2249-7137
136	Venkatesh, N., Sumangala, C., & D'Souza, L.	2013	Outcome of six sigma implementation-a case study of manufacturing industry.	<i>International Journal of Innovative Research in Science, Engineering and Technology,</i>	2, (8) 4076-4082.	2347-6710
137	Balilashk, N. & D'Souza, L.	2013	Effect of shyness on life satisfaction of adolescents: influence of select demographic variables.	<i>Asian Journal of Development matters</i>	7, 230-234.	0973-9629
138	Balilashk, N. & D'Souza, L.	2013	Prevalence of shyness among early and late adolescents in India.	<i>United Journal of Awadh Scholars,</i>	7, 21-26.	0974-0503
139	D'Souza, L.	2013	Working with Shy Adolescents: Effectiveness of Life Skills Group Training.	<i>Book proceedings. International Psychological Applications Conference and</i>	pp 73-77	ISBN 978-989-97866-0-8©201

				<i>Trends 2013,</i>		3
140	Mohmed, I. Sumangala C. & D'Souza, L.	2013	Factors influencing consumer purchasing behaviour of Green Durables-An empirical study.	<i>Erudition-The Albertian Journal of management</i>	6, 7, 23-27.	0973-7839
141	Chandrashekhar, D. & D'Souza, L.	2013	Influence of shyness on social and emotional adjustment among adolescents.	<i>United Journal of Awadh Scholars,</i>	7, 4-10.	0974-0503
142	Sumangala C. & D'Souza, L.	2013	Performance Appraisal among Technical and Non-Technical Employees: A Comparative Study of IT and Non-IT Sector of India.	<i>International Journals Of Research in Organizational Behavior and Human Resource Management</i>	1 (4), 95-104	2320-8716
143	Chandrashekhar, D. D'Souza, L. & Rangaiah B,	2012	Influence of shyness on technology use among adolescents	<i>Journal of Psychological Researches,</i>	26, 23-27	0022-3972
144	Rangaiah B, Dinakaran S, D'Souza, L & Ramaswamy C.	2012	Assessment of Creativity among students from different nationalities,	<i>Journal of Psychological Researches,</i>	26, 53-56.	0022-3972
145	Sr Arpana & D'Souza, L	2012	Development and validation of life skills questionnaire	<i>Asian Journal of Development matters</i>	6, 13-19	0973-9629
146	Sr Arpana & D'Souza, L	2012	Prevalence of shyness among adolescents in Bangalore City.	<i>Carmelight</i>	9, 13-26.	0975-9484
147	Sumangala, C. & D'Souza, L.	2012	Managerial level and performance appraisal-A comparative study of IT and Non-IT sector.	<i>4D International journal of IT and commerce,</i>	1(2), 69-75.	2319-104X
148	Sr. Arpana & D'Souza, L.	2012	Effectiveness of individual and groups life skills training on shyness among adolescents.	<i>Journal of Psycho-social research,</i>	7, 249-255.	0973-5410
149	Ghasemian .D, & D'Souza, L. & Ebrahimi, S	2012	Effectiveness of REBT on shyness: Influence of age.	<i>Journal of Psycho-social research,</i>	7, 307-314	0973-5410
150	Hosseininik, S.S & D'Souza, L.	2012	Effectiveness of Morita Therapy in the treatment of Shyness -influence of gender	<i>Golden research thoughts,</i>	1 (10), 1-5	2230-7850
151	Hosseininik, S.S & D'Souza, L.	2012	Effectiveness of Morita Therapy on Reduction of Shyness among Adolescents.	<i>Journal of the Indian Academy of Applied Psychology,</i>	38, 62-67.	0019-4247
152	D'Souza, L. & Ramaswamy C.	2012	Shyness and academic achievement of tribal children and adolescents: Some preliminary observations	<i>D'Souza, L (Ed). Readings in developmental Psychology, New Delhi: Discovery Publishing House private Limited,</i>	pp165-170.	ISBN 97893 50561 164
153	Sumangala, C. &	2012	Job experience and	<i>SIES journal of</i>	8 (1), 1-8.	0974-

	D'Souza, L.		performance appraisal-A comparative study of IT and Non-IT sector.	<i>management</i>		2956
154	Sumangala, C. D'Souza, L. & Yeshodhara G Y	2012	Occupational stress and proneness to psychomedical illness-a study of employees in Medical profession	<i>Erudition-The Albertian Journal of management</i>	6, 74-78.	0973-7839
155	Ghasemian .D, & D'Souza, L. & Ebrahimi, S	2012	Effectiveness of REBT on shyness: Influence of gender.	<i>Journal of the Indian Academy of Applied Psychology</i>	38, 169-173.	0019-4247
156	Jagadish, S N & D'Souza, L.	2011	Effectiveness of Cognitive behaviour therapy on shyness among dhat syndrome patients.	<i>Asian Journal of Development matters,</i>	5, 231-235.	0973-9629
157	Jagadish, S N & D'Souza, L.	2011	Effectiveness of Cognitive behaviour therapy on shyness among erectile dysfunction patients.	<i>United Journal of Awadh Scholars (UJAS),</i>	5, 68-74	0974-0503
158	Baniasadi, H.S & D'Souza, L	2011	Impact of Non-verbal Communication Training on Mutual Understanding,	<i>Indian Journal of Health and Well-being,</i>	2 (1), 19-24.	2229-5356.
159	Ebrahimi, S., D'Souza, L. & Ghasemian D.	2011	Prevalence of subtypes of shyness: A developmental perspective of gender and area.	<i>United Journal of Awadh Scholars (UJAS),</i>	5, 17-22	0974-0503
160	Sumangala, C. & D'Souza, L.	2011	Marital status and stress. A study of information technology employees.	<i>Asia Pacific Journal of Research in Business Management,</i>	2, 116-112.	2321-0729
161	Ebrahimi, S., D'Souza, L. & Ghasemian, D.	2011	Comparison of Public and private shyness: Influence of age groups, gender and area.	<i>Asian Journal of development matters,</i>	5, 89-94.	0973-9629
162	Natesha C. & D'Souza, L.	2011	Relationship between shyness and happiness among children.	<i>United Journal of Awadh Scholars (UJAS),</i>	5, 1-5.	0974-0503
163	Prasad HD, Rukmini S, Jagannath Pairu, D'Souza, L SomeGowda, Gopalkrishna B Huilgol	2010	Perceived social support and coping Strategies among HIV affected people on antiretroviral therapy	<i>Pharmacology online</i>	2, 808-814	
164	Gowda, H.M.R & D' Souza, L.	2010	Relationship between social intelligence and shyness among adolescents.	<i>Indian journal of Psychology,</i>	47,	0022-3972
165	Gowda, H.M.R & D' Souza, L.	2010	Assessment of social intelligence among adolescents and influence of selected secondary variables	<i>Asian Journal of Development matters,</i>	3,137-140	0973-9629
166	D'Souza, L. & Mohmed, I.	2010	Consumer attitude towards green marketing.	<i>SCOUR, JI of Indian Inst of productivityand management,</i>	4, 16-21.	0973-6123

167	Sumangala, C. D'Souza, L. Kennedy, A. T	2010	Influence of educational status on occupational stress among software employees,	<i>Erudition-The Albertian Journal of management</i>	4, 7- 12.	0973-7839
168	Sumangala, C. D'Souza, L.	2010	Stress to Disease,	<i>SCMS journal of Indian management</i>	7, 38-44.	0973-3167
169	Somashekar, M.P, Siddegowda, Y S., D'Souza, L.	2010	Performance appraisal system in public and private industries in Mysore district-a study of supervisors and managers,	<i>Erudition-The Albertian Journal of management</i>	4, 84-88	0973-7839
170	D'Souza, L., Urs, G.B. Jayaraj, R.	2010	Relationship between shyness and guidance needs among adolescents.	<i>Recent studies in School Psychology</i> , edited by PaanchRamalingam,	pp, 171-180.	ISBN 978-81-7273-5364
171	Vaid, N.R. Roy, E.T. D'Souza, L., & Simha, A	2010	The bold and the beautiful!! The influence of dental malocclusion and orthodontic problems on social phobia (shyness) and self-esteem.	Journal of Indian orthodontic society,	44 (1), 32-37	-
172	Baniasadi, H.S & D'Souza, L.	2010	Relationship between shyness and marital satisfaction among Iranian couples.	<i>Journal of Psycho-social Research</i>	5, 55-62.	0973-5410
173	Ebrahimi, S. & D'Souza, L	2010	A new perspective on successfully shy life	<i>Asian Journal of Development matters</i>	4, 12-17.	0973-9629
174	Ghasemian, D. & D'Souza, L	2010	The effect of shyness through the life cycle view.	<i>Asian Journal of Development matters</i>	4, 51-56	0973-9629
175	Sumangala, C., Nagendrababu, K N, D'Souza, L..	2009	Relationship between age and occupational stress among IT employees	<i>BVIMSR's Journal of Management Research</i>	1, 120-126.	0976-4739
176	Baniasadi, H.S & D'Souza, L.	2009	Relationship between non-verbal communication and mutual understanding among Iranian couples	<i>Indian Journal of social science researches,</i>		2321-208X
177	Somesha, C, & D'Souza, L.	2009	Relationship between shyness and loneliness among adolescents	<i>Indian journal of Applied Psychology</i>	46, 5-10	0019-5073
178	Gowda, H.M.R & D' Souza, L.	2009	Assessment of social intelligence among adolescents and influence of selected secondary variables	<i>Asian Journal of Development matters,</i>	3, 137-140	0973-9629
179	Sumangala, C., Nagendrababu, K N, & D'Souza, L.	2009	Role of gender in coping with the stress,	<i>Erudition-The Albertian Journal of management.</i>	3, 82-86.	0973-7839
180	Saberi, M & D'Souza, L.	2009	Comparison of shyness between adolescents in India and Iran: A developmental perspective of age and gender	<i>Journal of Psycho social Research</i>	4, 121-130	0973-5410
181	Sumangala, C., Nagendrababu, K N, D'Souza, L.	2009	Alleviate stress for cyber-ambience	<i>SCMS Journal of Indian Management</i>	6, 81-88.	0973-3167
182	Ghaderi, A. R., D'Souza, L. &Rangaiah B.	2009	Relationship between self-efficacy and depression among Indian and Iranian students	<i>United Journal of Awadh Scholars (UJAS),</i>	3, 50-56.	0974-0503

183	Rangaiah, B ., D'Souza, L., &Jayaraju R.	2009	The perceived effectiveness of advertisements - a comparison of visualizers and consumers in relation to their locus of control.	<i>United Journal of Awadh Scholars (UJAS),</i>	3 (1), 57-62.	0974-0503
184	Shariatnia, K. and D'Souza, L.	2008	Effectiveness of Cognitive Behaviour therapy on shyness among Adolescent in Iran.	<i>Indian Journal of clinical Psychology</i>	35, 24-31	0303-2582
185	Somesha C & D'Souza, L.	2008	Relationship between shyness and Depression among adolescents.	<i>Psychological Studies,</i>	53, 286-289.	0974-9861
186	Sumangala, C., Nagendrababu, K N, D'Souza, L.	2008	Relationship between family environment and occupational stress among IT employees	<i>Management Researcher</i>	15, 56-66	
187	Sheriatnia, K. & D'Souza, L.	2008	Prevalence of shyness among adolescents in Iran. Influence of gender and age.	<i>Asian Journal of Development matters,</i>	2, 47-52.	0973-9629
188	Sudha, S.T., Harinarayana, N S., D'Souza, L.	2008	Promotion of reading habits between professional and non-professional college students.	<i>Asian Journal of Development matters,</i>	2, 62-68	0973-9629
189	D'Souza, L	2008	Assessment of shyness and anxiety and their relationship among women athletes.	<i>Asian Journal of Development matters,</i>	2, 76-82	0973-9629
190	Arjibefunn, A., Nanjunda D C. & D'Souza, L.	2008	Non-government Orgnizations v/s rural and tribal India: Some highlights	<i>Tribal development in India</i> (Singh A K Et al (eds).Allahabad: Innova Publishing house.	Pp 477-484	
191	Sumangala, C., Nagendrababu, K N, D'Souza, L.	2008	Occupational stress in different managerial levels. A study of employees of IT companies	<i>Erudition- The Albertian Journal of management</i>	2, 93-99	0973-7839
192	Ebrahimi, S., Ghasemian, D., & D'Souza, L.	2008	Relationship between anxiety and happiness among postgraduate students	<i>Journal of Psycho-social research</i>	3, 165-170	0973-5410
193	D'Souza, L., Ramaswamy, C. &Rangaiah B	2008	Relationship between shyness and adjustment among college students	<i>Pakistan Journal of Social and Clinical Psychology</i>	6, 58-65	1727-4931
194	D'Souza, L., Jayaraju, R., Venugopal P N., &Natesha N.	2008	Influence of shyness on academic achievement of children and adolescents: A developmental perspective of age and gender.	<i>Asian Journal of Development matters</i>	2, 50-54.	0973-9629
195	D'Souza, L., Urs, G.B. Jayaraj, R.	2008	Relationship between shyness and guidance needs among adolescents.	<i>Journal of Indian Academy of Applied Psychology</i>	34, 317-322	0019-4247
196	D'Souza, L., Jayaraju, R., Rangaiah, B &Jagadish S.N.	2008	Relationship between shyness and insecurity among high school students.	<i>United Journal of Awadh Scholars (UJAS),</i>	2, 13-20.	0974-0503

	(2008).					
197	Ashwini, B. & D'Souza, L.	2008	Occupational stress among employees of call centers and multi-national companies-a comparative study	<i>Journal of Psycho-social Research</i>	3, 115-121	0973-5410
198	Smitha P.G., Byrappa, K. & D'Souza, L.	2008	Coefficient of correlation for soil physico-chemical parameters	<i>Environmental Science: An Indian Journal</i>	3, 45-48.	0974 - 7451
199	Ghasemian, D., Ebrahimi, S., & D'Souza, L.	2007	Assessment anxiety among and higher education students and its relationship with spirituality.	<i>Artha – a Journal of social sciences,</i>	11, 38-45.	0975-329X
200	Madgaonkar, J.S., D'Souza, L., & Veena, V.,	2007	Influence of shift work and organization type on adjustment of women in nursing profession	<i>Pakistan Journal of social and clinical psychology</i>	5, 43-51	1727-4931
201	Shariatnia, K. and D'Souza, L.	2007	Effectiveness of Cognitive Behaviour Group therapy on shyness among Adolescent in Iran	<i>Psychological Studies,</i>	52, 372-376.	0974-9861
202	D'Souza, L. & Urs, G.B.	2007	Assessment of shyness among adolescent students studying in rural and urban areas	<i>Asia Pacific Review of Rural and Tribal Issues,</i>	1, 10-14.	0973-9637
203	Baniasadi, H.S & D'Souza, L	2007	The Relationship between Non-verbal Communication and Marital Satisfaction among Iranian couples	<i>United Journal of Awadh Scholars (UJAS),</i>	1, 10-15	0974-0503
204	Natesha, N. & D'Souza, L.	2007	Prevalence of shyness among children a developmental perspective of age and gender,	<i>Asian Journal of Development matters,</i>	1, 55-58.	0973-9629
205	Sreeshakumar H Y ,Nagalakshmi, K N & D'Souza, L.	2007	Shyness and happiness among high school students,	<i>Psychological studies,</i>	52, 120-122	0974-9861
206	D'Souza, L.	2007	Relationship between shyness and fear among college students.	<i>Journal of Psycho-social Research</i>	2, 85-91	0973-5410
207	Ashwini, B. & D'Souza, L.	2007	Assessment of proneness to major medical and psychiatric illnesses: a comparative study of employees of call centers and multinational companies	<i>Journal of Psycho-social Research</i>	2, 9-19	0973-5410
208	D' Souza, L., Gowda, H.M.R, & Gowda, D.K.S	2006	Relationship between shyness and fear among high school students.	<i>Pakistan Journal of Psychological Research</i>	21, 3-4, 53-60	1016-0664
209	D'Souza, L	2005	Does shyness affects reaction time?	<i>Artha – a Journal of social sciences</i>	4(2), 7-12	0975-329X
210	D'Souza, L.	2005	Shyness/Social Phobia: Influence on self-concept and academic achievement in High school students. Suggested remedial measures	<i>Artha – a Journal of social sciences</i>	4(1), 23-29	0975-329X

211	D'Souza, L., Urs, G B., &Siddegowda Y S	2005	A comparative study of occupational stress among executives, managers and engineers.	<i>Pakistan Journal of Psychological Research</i>	20, 1-2, 15-	1016-0604
212	James, M.S. D'Souza, L., &Yeshodhara, K.	2003	Influence of sex and age on the job satisfaction of secondary school teachers.	<i>Artha – a Journal of social sciences.</i>	2, 45-52.	0975-329X
213	D'Souza, L.	2003	Influence of Shyness on Anxiety and Academic achievement in High School students	<i>Pakistan Journal of Psychological Research</i>	18, 3-4, 109-118	1016-0604
214	D'Souza, L., Urs. G.B. &Ramaswamy C	2002-03	Relationship of self-esteem with shyness, personality and academic achievement in high-school students	<i>Artha-a journal of social sciences</i>	1, 228-234.	0975-329X
215	Urs. G.B. M Ranganathan, D Souza, L.	2002	Efficacy of psychosocial intervention on perceived social support of cancer patients	Indian Journal of Clinical Psychology	29 (2), 152	0303-2582
216	Vaid, N.R. Roy, E.T. D'Souza, L., &Simha, A	2002	The psychological aspects of orthodontic treatment.	<i>Bulletin of Indian Dental association (Thane),</i>	1, 15-16	0019-4611
217	D'Souza, L., Vaid, N.R. Roy, E.T., &Urs. G.B.	2001	Shyness, self-esteem, Dental disharmony and orthodontic treatment	<i>Indian Journal of Clinical Psychology,</i>	28, 246-251.	0303-2582
218	D'Souza, L., &Urs, G.B.	2001	Effect of shyness on the adjustment of high school students	<i>Pakistan Journal of Psychological Research</i>	16, 3-4, 85-94.	1016-0604
219	Madgaonkar, J.S., D'Souza, L., Veena, V., &Poornima, M.L.	2001	Influence of experience in different work schedules on job satisfaction on nurses	<i>Journal of Indian Academy of Applied Psychology</i>	27, 1-2.	0019-4247
220	Gupta, R.A., Mathai, J.P., Rao. T.S.S. Urs G.B., & D'Souza, L.,	2001	Assessment of psychiatric morbidity among Hansen's & various other dermatological diseases: An Indian perspective	<i>Indian Journal of Psychological Medicine</i>	24, 39-46	0253-7176
221	Basavarajappa, D'Souza, L., Singh, M., &Romate John, P. J.	2000	Level of stress and peptic ulcer in South India.	<i>Pakistan Journal of Psychological Research</i>	15, 3-4, 99-105	1016-0604
222	D'Souza, L., Urs, G.B. & James M.S.	2000	Assessment of shyness: Its influence on the personality and academic achievement of High school students.	<i>Indian Journal of Clinical psychology</i>	27, 286- 289	0303-2582
223	Siddegowda, Y.S., Urs, G.B., & D'Souza, L.	2000	Coping strategies among executives, managers and engineers	<i>Organisational Management</i>	XVI, 10 – 15.	
224	Siddegowda, Y.S., Urs, G.B. & D'Souza, L.	2000	Assessment of vulnerability to major medical and psychiatric illnesses: A study of executives, managers &	<i>Indian Journal of Clinical Psychology,</i>	27, 129-133	0303-2582

			engineers			
225	D'Souza, L., Singh, M. &Basavarajappa.	1999	Influence of shyness on performance, personality and intelligence of students of physical education	<i>Psychological Studies</i>	44, 92-94	0974-9861
226	Romate John, P.J. Basavarajappa, &D'Souza, L.,	1998	Level of stress and peptic ulcer in Karnataka and Kerala	<i>Psychological Studies,</i>	43 : 91 – 94	0974-9861
227	Basavarajappa, Kaveri, K., D'Souza, L., & Singh, M	1998	Analysis of defense mechanisms and normative data on C.A.T. for Indian children	<i>Indian Journal of Clinical Psychology</i>	25 : 50-56	0303-2582
228	Singh, M. Singh, M., Kumar, M.A. Kumara, H.N. D'Souza, L., & Sharma. A.K.	1998	Behaviour of lion-tailed macaque (<i>Macacasilenus</i>) in vulnerable and relatively secure habitats in rain forests of Western Ghats, India	<i>Tiger Paper,</i> (Thailand),	XXV (4), 19-25	1014-2789
229	Urs, G.B., D'Souza, L., Kumar, G.V. & Singh, M.	1997	A study of presumptive stress in cancer patients.	<i>Indian Journal of Clinical Psychology</i>	24 : 131-135	0303-2582
230	Singh, M., D'Souza, L., Singh, M. Kumar, G.V. &Manjunatha, S.C.	1997	An experimental demonstration of induction and reduction of 'anxiety' in laboratory rats.	<i>Indian Journal of Clinical Psychology</i>	24 : 70 – 74	0303-2582
231	Singh, M., Singh, M., Kumara, H.N., Kumar, M.A. &D'Souza, L	1997	Inter and intra-specific associations of non-human primates in Anamalai Hills, South India	<i>Mammalia</i> (France)	61 : 17-28	0025-1461
232	Singh, M., Singh, M., Kumar, M.A., Kumara, H.N., &D'Souza, L.	1997	Distribution and research potential of non-human primates in the Aliyar – Valparai sector of Indira Gandhi Wildlife sanctuary, Tamilnadu, South India	<i>Tropical Biodiversity</i> (Indonesia)	4, 197-208	0854-1566
233	Singh, M., D'Souza, L., & Singh, M	1996	The effect of maternal protein deficiency on growth and behaviour of albino rats	<i>Psychological Studies</i>	41 : 108-114	0974-9861
234	Singh, M., Venkatesh, G., D'Souza, L., & Singh, M	1996	The effect of test anxiety, intelligence and failure stress on motor perceptual learning	<i>Indian Journal of Clinical Psychology</i>	23 : 156-160.	0303-2582
235	D'Souza, L., Mridula, K., & Singh, M.	1995	The effect of age on development and behaviour in albino rats	<i>Psychological Studies</i>	40 : 18 – 27	0974-9861
236	Singh, M., D'Souza, L., & Singh, M.	1992	The behavioural effects of an ayurvedic drug Jyotismati (<i>Celastrus paniculatus</i>) on albino rats	<i>Psychological Studies</i>	37, 114-120	0974-9861
237	D'Souza, L., & Singh, M	1992	Density and demography in roadside bonnet monkeys (<i>Macaca radiata</i>) around	<i>Journal of Ecobiology</i>	4, 87-93	0970-9037

			Mysore			
238	Singh, M., D'Souza, L., & Singh, M	1992	Hierarchy, kinship and social interaction among Japanese monkeys (<i>Macaca fuscata</i>).	<i>Journal of Bio-Sciences</i>	17, 15-27	0973-7138
239	Singh, M., D'Souza, L., & Singh, M	1991	The effect of numeric, spatial and resource crowding on behaviour of albino rats	<i>Psychological Studies,</i>	36 : 156-168.	0974-9861
240	D'Souza, L., Mridula, K., & Singh, M	1990	The speed and extent of learning to discrimination conditions in rat	<i>Psychological Studies,</i>	35, 93-97.	0974-9861

EDITED BOOKS

Sl no	Author/s	Year	Title	Publishers	ISBN/ISSN
1	D'Souza, L	2016	<i>Social Psychology</i>	New Delhi: Discovery Publishing House private Limited.	ISBN 978-93-5056-771-5
2	D'Souza, L	2014	<i>Public health and new Psychology: debates.</i>	New Delhi: Discovery Publishing House private Limited.	ISBN 93-5056-485- 8
3	D'Souza, L.	2012	<i>Readings in Developmental Psychology.</i>	New Delhi: Discovery Publishing House private Limited,	ISBN 978-93-5056-116-4
4	Nanjunda, D.C., Siddegowda, Y S., Kumar, G.V., Ramesh., D'Souza, L.,&Subramanya, B	2011	<i>India Development: Issues & Prospectives.</i> New Delhi:	Anmol Publications Pvt Ltd.	ISBN 978-81-261-4624-4
5	D'Souza, L.	2008	Journal of Developmental Matters: Special Issue- <i>Trends in Behavioural sciences:</i>	Guest Editor, Vol 2, No. 2. Coorg: The Road Trust.	ISSN 0973-9629

Inventories/scales developed

Scale/ Inventory	Details	Developed by	Year
PAT	PUBG addiction Test	D'Souza, L, Manish, S., & Deeksha, S.	2019
HCPQ	Health and Criminality proneness questionnaire	Rajashekara, A & D'Souza, L	2013
LSQ	Life skills questionnaire	Sr Arpana & D'Souza, L	2012
SSQ	Shyness Subtypes questionnaire	Sedighe, E & D'Souza, L	2011
CSQ	Couple Shyness Questionnaire	Baniasadi, H & D'Souza, L.	2008

SAT	Shyness Assessment Test	D'Souza, L	2006
-----	-------------------------	------------	------

**CONFERENCES / WORKSHOPS: PAPERS/POSTERS PRESENTED/CHAIED
(INTERNATIONAL)**

sl	Year	Date/s	City/ Country	Title	Conference	Organizers
1	2022	25-26 mar	India/webin ar	An insight into the motivations of cybercrimes	2 International Symposium on Crime Studies	O P Jindal University (Webinar)
2	2020	18 Jun	India/webin ar	Social media addiction and mental health	Transformation through technology'	ICFSA, India (Webinar series)
3	2019	2-5 July	Moscow/ Russia	Instagram addiction and sleep quality among medical students	XVI, <i>European Congress of Psychology-2019</i>	UNESCO, EFPA, Russian psychological society
4	2019	22-24 Feb	Mysuru/ India	Relationship between Instagram addiction and anxiety among students pursuing paramedical courses	World summit on Resource management and sustainable development	UOM, James Cook University, MACW, ICDR, Mysuru
5	2018	7-8 July	Singapore/ Singapore	Personality correlates of Facebook addiction among college students	5 th Academic conference on Social sciences	Conscientia beam
6	2017	15-16 Dec	Calicut, India	Plenary talk on 'Research in Criminal justice system'	International conference on Criminology and Forensic Science	Calicut Univ and IFSL
7	2017	15-16 Dec	Calicut, India	Chaired a paper presentation session on 'penology'.	International conference on Criminology and Forensic Science	Calicut Univ and IFSL
8	2017	9-11 Nov	Mysuru India	Chaired a paper presentation session on 'school and family factors'.	International conference on school psychology	Inspa, Univ of Mysuru
9	2017	9-11 Nov	Mysuru India	Presented a paper on relationship between shyness and guidance needs among adolescents in and around Mysuru city	International conference on school psychology	Inspa, Univ of Mysuru

10	2017	11-14 July	Amsterdam/ Netherlands	Shyness as predictor of internet addiction among adolescents	<i>15th European Congress of Psychology-2017</i>	EFPA (European Federation of Psychologists' Associations).& INPA, Effa
11	2016	11-12 Nov	Mysuru India	Psychology of sex: principles in sexual and relationship management	The interim congress of South Asia society for sexual medicibe	SASSM, JSS Univ, IPS, ISSM
12	2016	22-25 June	Melbourne Australia	Effectiveness of Rational Emotive Behaviour Therapy on Shyness among Adolescents	8 th World Congress on Cognitive and behavior therapies	Australian association for Behavioural and Cognitive therapy
13	2015	24-27 Nov	Mysore India	Influence of shyness on academic stress among adolescents	<i>First international conference on medical and social sciences</i>	MMC & RI and University of Mysore
14	2015	7-10 Jul	Milan Italy	Extent of Digital Technology Use on Adjustment-Neuroticism among adolescents	<i>14th European Congress of Psychology-2015</i>	EFPA (European Federation of Psychologists' Associations).& INPA
15	2015	1-4 May	Bengaluru India	Effectiveness of MCKS super brain yoga on academics, punctuality and psychological wellbeing	International convention on silver jubilee of World Pranic healing foundation	World Pranic healing foundation, Bengaluru
16	2014	18-19 Dec	Mysore India	Educational contribution of Christian missionaries: Pre and post independence era.	<i>Social exclusion of minorities and margins: Post colonial debate</i>	Centre for Social inclusion and exclusion Policy, University of Mysore
17	2014	8-13, July	Paris France	Effectiveness of individual and group Life Skills training on reduction of shyness among adolescents: a comparative study	<i>28th International Congress of Applied Psychology-2014</i>	A-CIP, SocitieFrancais de Psychologie and ICAP-Paris.
18	2014	9-11, Jan	Manipal India	Assessment of shyness and happiness among	International Conference on Physical	Manipal University and NAPPSS (National

				elite kabaddi players of University of Mysore and their relationship	education and sports sciences	Association of Physical education and sports sciences,
19	2013	26-28, Apr	Madrid Spain	Working with Shy Adolescents: Effectiveness of Life Skills Group Training	<i>International Psychological Applications Conference and Trends 2013,</i>	InPACT-Madrid, Spain
20	2012	24-25, Nov	Bangkok Thailand	Working with shy adolescents: Effectiveness of Life skills training	<i>Behavioural, Cognitive and Psychological Sciences (BCPS-2012)</i>	IEDRC, IJSSH Thailand
21	2012	23-27, July	Cape town, South Africa	Effectiveness of Individual life skills training on reduction of shyness among adolescents	<i>International Congress of Psychology (ICP),</i>	Psy SSA, National Research Foundation, South Africa
22	2011	5-8 Dec	Colombo Srilanka	Assessment anxiety among and higher education students and its relationship with spirituality	<i>International Conference on psychology and allied professions,</i>	Sri Lankan Assn for Psychology, Counselling and psychotherapy & Kelaniya University
23	2011	14-16, May	Tehran Iran	Comparison of shyness between adolescents in India and Iran: A cross cultural study with age and gender	<i>International Congress on Psychology, Religion and Culture</i>	Tehran University
24	2011	17-18, May	Amol, Iran	'Research methods in Physical Education'	National Conference on Physical education Conducted by	AMOL UNIVERSITY, AMOL, IRAN
25	2011	8-9 April	Mysore India	Technology and management education	International conference on Re engineering of management education	KSOU, Mysore
26	2010	11-14, Dec	Chiangmai Thailand	Relationship between shyness and anxiety among athletes in different games	<i>International conference on sports and exercise science</i>	Mahidol University, Chiangmai

					2010	
27	2009	1-3, Dec	Bangkok Thailand	Relationship between shyness and anxiety among women in different games	<i>International conference on sports and exercise science 2009/ Dec 1-3</i>	Kasetsart University
28	2009	20-21 Nov	Mysore India	Usage of SPSS and Minitab tools in research data analysis	<i>International conference on Current Research Trnds</i>	University of Mysore and Islamic Student Association of India
29	2009	12-14 March	Kaulalampur Malaysia	Assessment of shyness among adolescents and its relationship with emotional intelligence	<i>International conference on applied psychology/ March 12-14</i>	University Malaya
30	2007	5-6 July	London United Kingdom	Effectiveness of cognitive behavior therapy (CBT) on shyness among Adolescents in Iran	<i>2nd International conference on child and adolescent psychopathology/</i>	Roehampton University, UK
31	2006	28-30 Apr	Manipal India	Effect of shyness on performance, personality and intelligence of students of physical education	<i>International Conference on Physical education and sports sciences</i>	AIU (Association of Indian Universities) and NAPESS (National Association of Physical education and sports sciences,
32	1999	26 july-6Aug	Kyoto Japan	Habitat related variations in the demographic features of Bonnet macaques (Macacaradiata)	<i>Asia science seminar on bio-diversity held at Kyoto university, Inuyama, Aichi, Jul 26-6th Aug</i>	Japanese Society for promotion of Science
	1999	11-13, Jan	Mysore India	Time activity budgets of lion tailed macaques (<i>Macaca silenus</i>) in a disturbed habitat	<i>5th International Conference on Lion-tailed macaques (Macaca silenus)</i>	Dept. of Psychology, University of Mysore,

PARTICIPATION (INTERNATIONAL)

sl	Year	Date/s	City/ Country	Status	Conference	Organizers
1	2012	10-12 Feb	Bangalore, India	<i>Delegate</i>	International Conference on Yoga, Naturopathy and Arogya Expo-2012	Dept of Ayush, Govt of Karnataka
2	2005	25-26, Feb	Mysore, India	<i>Delegate</i>	International conference on Health Sciences	JSS Mahavidyapeeth a, Mysore
3	2000	27-29, March	Hassan, India	<i>Delegate</i>	International symposium on healthy life style – HIV/AIDS & STDs	

CONFERENCES / WORKSHOPS ATTENDED (NATIONAL/STATE): RESOURCE PERSON

sl	Year	Date/s	City	Title	Conference/worksh op/CME	Organizers
1	2023	14-16 Feb	Mysuru	Application of Broken windows concept in prison systems	Stakeholders Co- ordination and leadership development	BPRD, Delhi & PSTI, Mysuru
2	2023	14-16 Feb	Mysuru	Problem solving and critical thinking	Personality development and Stress management	BPRD, Delhi & PSTI, Mysuru
3	2023	22-24 Feb	Mysuru	Problem solving and critical thinking	Personality development and Stress management	BPRD, Delhi & PSTI, Mysuru
4	2023	10 Feb	Tumkuru	Questionnaire designing and data collection: A practical approaches	Workshop on research methodology	DOSR in Business administration, Tumkur University
5	2023	17-21	Mysuru	Cyber Psychology	Technology in Prison administration	BPRD, Delhi & PSTI, Mysuru
6	2023	4-6 Jan	Mysuru	Problem solving and critical thinking	Personality development and Stress management	BPRD, Delhi & PSTI, Mysuru
7	2022	23 Dec	Mysuru	Gateway to research: Hands on	Research methodology	MFGC, Mysuru

				training in SPSS		
8	2022	15-17 Dec	Mysuru	Problem solving and critical thinking	Personality development and Stress management	BPRD, Delhi & PSTI, Mysuru
9	2022	14-16 Nov	Mysuru	Problem solving and critical thinking	Stakeholders Co-ordination and leadership development	BPRD, Delhi & PSTI, Mysuru
10	2022	2-4 Nov	Mysuru	Problem solving and critical thinking	Personality development and Stress management	BPRD, Delhi & PSTI, Mysuru
11	2022	21-23 Sept.	Mysuru	Problem solving and critical thinking	Personality development and Stress management	BPRD, Delhi & PSTI, Mysuru
12	2022	21-23 Sept.	Mysuru	Communication skills in organizations	Personality development and Stress management	BPRD, Delhi & PSTI, Mysuru
13	2022	6-8 Sept.	Mysuru	Communication skills in organizations	Personality development and Stress management	BPRD, Delhi & PSTI, Mysuru
14	2022	21-22 July	Mysuru	Mental health among tribal populations	Atma Nirbhar Bharath: Social and solidarity economy and tribal development	Centre for Social inclusion and exclusion Policy, University of Mysore & MFGC, Mysuru, ASI
15	2022	28-30 March	Mysuru	Communication skills in organizations	Personality development and Stress management	BPRD, Delhi & PSTI, Mysuru
16	2022	28-30 March	Mysuru	Problem solving and critical thinking	Personality development and Stress management	BPRD, Delhi & PSTI, Mysuru
17	2022	23-25 March	Mysuru	Communication skills in organizations	Personality development and Stress management	BPRD, Delhi & PSTI, Mysuru
18	2022	19 March	Mysuru	Communication skills in organizations	Personality development and Stress management	PSTI, Mysuru (webinar series)
19	2022	3 March	Mysuru	Communication skills in organizations	Personality development and Stress management	PSTI, Mysuru (webinar series)

20	2022	28 Feb	Ujire	Impact of COVID-19 on cognitive functioning	Impact of COVID-19 on cognitive functioning	SDM college, Ujire
21	2022	31 Jan	Mysuru	Communication skills in organizations	Personality development and Stress management	PSTI, Mysuru (webinar series)
22	2022	3 Jan	Mysuru	Communication skills in organizations	Personality development and Stress management	PSTI, Mysuru (webinar series)
23	2021	7 Sept	Mysuru	Communication skills in organizations	Personality development and Stress management	PSTI, Mysuru (webinar series)
24	2021	22 July	Mysuru	Communication skills in organizations	Personality development and Stress management	PSTI, Mysuru (webinar series)
25	2021	19 Jun	Mysuru	Communication skills in organizations	Personality development and Stress management	PSTI, Mysuru (webinar series)
26	2021	12 Nov	Mysuru	Communication skills in organizations	Personality development and Stress management	PSTI, Mysuru (webinar series)
27	2021	7 Dec	Mysuru	Communication skills in organizations	Personality development and Stress management	PSTI, Mysuru (webinar series)
28	2020	6-7 March	Dharwad	Domestic violence and psychological effects	National seminar on problems, perspectives, and prevention of domestic violence	KUD,Dhawad, NCW, New Delhi
29	2020	28 Feb	Mysuru	Reliability & Validity Descriptive statistics	National Workshop on Research Methodology	AIISH, Mysore
30	2020	27 Feb	Mysuru	Gender sensitization, discrimination and equality-Panelist	National Conference	Maharani,s college of Commerce and Management, Mysuru
31	2020	26-27 Feb	Trissur	Forensic Psychology	National Conference	St. Thomas College, ICFSA, Thrissur
32	2020	6-8 Feb	Mysuru	Application of statistics in Research in Law-using	Legal Research methodology	Dept. of studies and Research in Law, UOM

				softwares		
33	2020	23-24 Jan	Mysuru	Women and child mental health	History and social sciences in the contemporary global scenario	Teresian College, Govt. of Karnataka
34	2019	21 Dec	Tumkuru	Advanced Statistics	Advanced Statistics	Management Research Forum, Tumkuru University
35	2019	18 oct	Mysuru	Bio-statistics	Scientific Equipments : Application and Data Analysis in Advanced Research"	Institution of Excellence, University of Mysore
36	2019	1 Aug	Mysuru	Ignored Claims: Status of Nomadic and semi-nomadic tribal groups in India	Chaired a session on track-II. 200 to 4.00 PM	Centre for Social inclusion and exclusion Policy, UOM, Basudev Somani College & ASI
37	2019	26 Jun	Mysuru	Statistical tools in Ayurvedic research	Advanced research methodology workshop on project writing'Prakalpa-2019'	Govt. Ayu Research center, RGUHS, & National Ayush Mission
38	2019	17 Jun	Mysuru	Mental health challenges - Panelist	Accelerating universal health coverage in India: Issues and challenges/CME	Centre for Social inclusion and exclusion Policy, University of Mysore & National Academy of medical Sciences (NAMS), new Delhi
39	2019	15 Jun	Tumkuru	Application of statistical tools in Research	Workshop by MRF	Dept. of Studies in Bus.adm, MRF, Tumkuru University
40	2019	29-30, March	Bengaluru	ANOVA, ANCOVA, Concept of research, hypotheses	Research methodology course in Social science	ICSSR, New Delhi, NLSIU (National Law school India University)
41	2019	22-23 March	Bidadi	Social media and mental	Social science and technology with	Dalai lama Institute of higher education, Bidadi

				health	special reference to Tibet: National conference-III.	
42	2019	28 Feb-1 Mar	Saligrama	Advanced Research in Higher education	Exploring the gate ways in Higher education: Culture, Transition and Transformations	Govt. First Grade college, Saligrama
43	2019	15-16 Feb	Bellary	Role of Bio-statistics in Ayurveda	Paryeshana Research methodology	Taranath GAMC, RGUHS, & AYUSH
44	2019	11-12 Feb	Mysuru	Strategic planning	Stakeholders coordination and leadership management	Dept. of Prisons, Ktk, MOHA, New Delhi
45	2019	31 Jan-Feb	Mysuru	Digital technology and mental health	CME workshop sponsored by MCI-Gender, Culture and Public health-Emerging perspectives	Karnataka Kidney Health foundation Trust, Mysore, Mahajana's First Grade College, Mysuru
46	2019	10-11 Jan	Mysuru	International and national funding agencies for research	Technical writing and publications, grant proposals, funding agencies and soft skills in scientific reserach	Centre for Social inclusion and exclusion Policy, University of Mysore & Karnataka State council for science and technology
47	2019	3-4 Jan	Thrissur	Forensic psychology	Advancement of forensic science and its challenges in criminal justice	St. Thomas College, Thrissur, & ICFSA, India
48	2018	29-30 Aug	Mysuru	Chaired session (Tech session-1.6)	Make in India and digital India-Empowerment and transformation for inclusive growth	Centre for Social inclusion and exclusion Policy, University of Mysore
49	2018	13-14 July	Mysuru	Chaired session (Tech session-V)	Tribal development and corporate social responsibility: Issues and Prospects	ASI, India, Basudev Somani College, Centre for Social inclusion and exclusion Policy, University of Mysore,
50	2018	23-Feb	Mysuru	Psychological effects of smart phone addiction	PSYQUEST State level workshop on mental health at	Christ College, Mysuru

					workplace	
51	2018	19-Feb	Mysuru	Chaired session (Tech session-II)	Social media for digital and social inclusion: Cultural, technological and economic implications	Centre for Social inclusion and exclusion Policy, University of Mysore, & UPE-II, Univ of Mysore
52	2018	29 Jan-3Feb	Mysuru	Descriptive and inferential statistics using SPSS	Regional Level Research methodology workshop for SC/ST research scholars in social sciences	Centre for Social inclusion and exclusion Policy, University of Mysore, ICSSR, Hyderabad
53	2018	22-23 Jan	Mysuru	Dristi_sristi Vison document	Vision document workshop	Govt. Ayurveda Research centre, K R S Road, Govt. of Karnataka, Mysuru
54	2018	10 Jan	Mysuru	Chaired session	Emerging Rural Health issues in India	Centre for Study of Social Exclusion and Inclusive policy(CSSEIP), University of Mysore, & ICMR New Delhi
55	2017	22 Dec	Mysuru	Social Psychology & Public health	I annual conference of Indian association of preventive and social medicine. (PH-CON-2017)	JSS medical college, JSS univ, Mysuru
56	2017	21 Dec	Mysuru	Correlation	I annual conference of Indian association of preventive and social medicine. (PH-CON-2017)	JSS medical college, JSS univ, Mysuru
57	2017	10 Oct	Kalabura gi	Application of SPSS in Research	National workshop on research methodology	Govt. College, Kalaburagi & UGC
58	2017	12 Aug	Mysuru	Role of Christian community in Maintaining Peace and	Inter religious and Inter cultural Dialogue on Human rights and peace	KAICIID, Vienna, Austria Centre for Inclusive growth and Development Research Trust®, Mysore

				Human rights and Peace		Centre for Study of Social Exclusion and Inclusive Policy, University of Mysore Basudeva Somani College, Kuvempu nagar, Mysore
59	2017	2 march	Hassan	Healthy mind healthy body	Healthy life-healthy practices	Govt. Home science college, Hassan
60	2016	19-23 Dec	Mysore	Effect of internet addiction on shyness among adolescents	XL Indian social science Congress	IASC and UOM
61	2016	17 Dec	Mysuru	Application of statistics through SPSS software	Research methodology in social science	UOM, Gandhibhavan, SC/ST cell
62	2016	20-21 Oct	Mysuru	Health seeking behavior of Tribal's	Transition of particularly vulnerable tribal groups in India: An ethno historical relook	Centre for Social inclusion and exclusion Policy, University of Mysore
63	2016	17-19 Aug	Mysore	Chaired a session-RC 1 in the Concept, theories and methods	X Karnataka Sociology conference on development, state and environment in Karnataka: Issues, conflict and concerns	Karnataka Sociology Association and maharaja's College, Mysore.
64	2016	28-29 May	Hampi	Statistical methods-4 sessions	Research Methodology for social sciences	Dept. of Women studies, Hampi University and ICSSR, New Delhi
65	2016	3-7 th Jan	Mysore	Chaired a session (3) in the section of Anthropological and behavioural Sciences	The Indian science Congress Association (ISCA)	University of Mysore
66	2015	13 th Dec	Mysore	Application of SPSS in data analysis	National Workshop on "Capacity building programme for	Dept. of Management Studies, KSOU in association with ICSSR

					social science and related disciplines	
67	2015	31 st Oct	Mysore	Mental health among tribal communities	ICMR National workshop on New Human development index for tribal health care	Centre for Social inclusion and exclusion Policy, University of Mysore
68	2015	10 Oct	Mysore	Mental health among adolescent girls	UGC sponsored workshop on 'women mental health'	Dept of Social work, St. Philomena's College, Mysore
69	2015	18 Aug	Mysore	Psychological aspects of farmer suicide	State level conference on Psychological aspects of suicide and its prevention	Dept. of Psychology, maharanis Arts College and Inner wheel club
70	2015	25-26 July	Mysore	'Statistical tools and analysis using SPSS for management sciences'	'Five day workshop on research methodology and statistical tool analysis using SPSS'	Department of Management Science, VTU PG Centre, Sathagalli, Mysore
71	2015	9 may	Tumkur	Research Methodology, Statistics & SPSS	Work shop on Quantitative analysis using SPSS	Department of Management Science, Tumkur University, Tumkur in collaboration with Innovation Entrepreneurship development center
72	2015	13-14, Feb	Mysore	Counselling evaluation	Counselling in practice-challenges and remedies	P.G. dept of Social work, JSS college of Arts, Commerce and Science, Ooty Road, Mysore
73	2015	13-14, Feb	Mysore	Importance of statistics in Nursing Research	Orientation to research methodology & statistics	Gopala Shanthaveri memorial college of Nursing, Mysore.
74	2015	1 Feb	Tumkur	Youth empowerment -challenges'	Youth empowerment-possibilities and challenges	Union Christian college, Tumkur and UCC alumni association, Tumkur
75	2014	11-12, Nov	Mysore	Quantitative data analysis using spss software'	National conference on "Research methodology and	PG dept of Commerce, Teresian College, Mysore and Dept. of MBA, VTU regional centre, Mysore

					data analysis’	
73	2014	20-21 Mar	Mysore	Regression analysis’	Developments in Statistical methods for data analysis of excluded groups	Centre for Social inclusion and exclusion Policy, University of Mysore & Ministry of statistics and programme Implementation, New Delhi
77	2014	18-19 Mar	Tiptur	Psychological effects of internet and cell phone addiction’	UGC sponsored 2 day national conference on “Coping with internet and cell phone addiction in youth’	Department of Psychology, Pallagatti Adavappa Arts and Commerce first grade college, Tiptur & UGC
78	2014	20-29, Jan	Mysore	Statistical inference and ANOVA’	National Level Training programme on Research Methodology’	Department of studies in Commerce, University of Mysore, Mysore in association with ICSSR, New Delhi
79	2013	28 Dec	Mysore	Community mental health’	National workshop on ‘New Public health Issues in India’	Centre for Social inclusion and exclusion Policy, University of Mysore
80	2013	26-27 Oct	Tumkur	Hands-on training on “Data analysis using SPSS”	Advanced Research methodology in Social sciences	Department of Management Science, Tumkur University, Tumkur
81	2013	7 may-5 Jun	Mysore	“parametric and non-parametric statistics-Data analysis using SPSS”	National Workshop on Advanced Research methodology in Social sciences	Department of Management, Karnataka State Open University, Mysore in association with ICSSR
82	2013		Gulbarga	Parametric and non-parametric statistics-Data analysis using SPSS	National Workshop on “Capacity building programme for social science teachers and data analysis	School of management sciences, Central University of Karnataka, Gulbarga, in association with ICSSR
83	2013	28-29 May	Gulbarga	Parametric and non-parametric statistics-Data analysis using	Advanced Research methodology in Social sciences”	Department of Commerce, School of Business Studies, Central University of Karnataka, Gulbarga in association with ICSSR

				SPSS”		
84	2013	19 Feb	Mysore	Statistical analysis of research data	Research methodology in Bio sciences	Dept of Botany, St. Philomena’s College, Mysore
85	2013	17 Feb	Tumkur	hands-on training on “data analysis using SPSS”	National workshop on Advanced Research methodology in Social sciences	Department of Management Science, Tumkur University, Tumkur
86	2013	16-26 Jan	Mysore	Hands-on training on “parametric and non-parametric statistics-Data analysis using SPSS”	National Workshop on “Advanced Research methodology in Social sciences”	Centre for the study of social exclusion and inclusion policy (CSSEIP), University of Mysore in association with ICSSR
87	2012	11-12 Dec	Mysore	sampling and sampling techniques’	State level conference on “Developing a research temperament’	JSS school of Nursing, Mysore
88	2012	4-5 Apr	Mandya	‘communication skills’	I state level conference on “trends in emergency nursing’	AET school of Nursing, Mandya
89	2012	17-18 Feb	Mysore	“attitude scale construction’ and ‘anecdotal records & sociometry’	State level workshop on Construction of tools in nursing research	Gopala Gowda Shanthaveri memorial hospital trust, Mysore
90	2011	20 Dec	Mysore	Application of SPSS software in research data analysis	National work shop on “Modern Trends in Research Methodology”	SBRR Mahajana First grade College, Mysore
91	2010	3-5 Dec	Mysore	Application of SPSS software in public health dentistry	National conference on public health dentistry	JSS University and JSS Medical College, Mysore
92	2010	3-5 sept	Mysore	Application of SPSS software in medical sciences	State level PG update programme	JSS Medical College, Mysore

93	2010	29-30 Mar	Salcete	full-fledged programme for teachers	‘Faculty Development Programme’	Rosary College of Commerce & Arts, Salcete, Goa
94	2010	9-30 jan	Mysore	Judge for scientific meet	Scientific meet 2009-10	JSS dental college and JSS University, Mysore
95	2009	20-22 May	Bangalore	Resource person & Chair	National seminar on “Competencies of educational leaders scale”	CEDBEC, Christ University, Bangalore
96	2009	5-25 Feb	Shimoga	Applications of statistical packages in counseling research’, ‘Body language’, and ‘issues in counseling research’	National summer school on Contemporary trends and systems in Student counseling	ICAR and university of agricultural Sciences, Bangalore at Shimoga.
97	2008	13-15 Feb	Mysore	‘data collection methods’ and ‘observation method-an effective measure for data collection’	National workshop on “Nursing research-A strategy for Evidenced Based Practice”	JSS College of Nursing, Mysore
98	2006	10-11 Nov	Bangalore	Challenges in teaching and mentoring in higher education	National conference on Mentoring practices in Institutions of Higher education’	CEDBEC, Christ College, Bangalore.
99	2006	4-6 May	Bangalore	Creation of Knowledge- ethical dimensions of research	National conference on Rethinking academic excellence and value imperatives for quality in higher education	CEDBEC, Christ College, Bangalore.
100	2005	22-23 Sept	Bangalore	panel member on paper presentations	National conference on ‘Creativity: Curriculum, Teaching, and Learning”	CEDBEC, Christ College, Bangalore.
101	2005	18-19 Mar	Bangalore	Student centered approaches’	National conference on ‘Improving	CEDBEC, Christ college, Bangalore.

					student learning in Higher Education'	
102	2002	2-5, Feb	Mysore	Resource person	National level workshop to develop script for the Audio-visual package on CD in Population Education and Development	Population Education Cell, Regional Institute of Education, Mysore – 6,
103	2001	25-26 Jun	Mysore	Resource person	National level workshop to develop the wall chart in adolescent education, Population Education Cell, Regional Institute of Education	Population Education Cell, Regional Institute of Education, Mysore – 6
104	1998	5-6 Mar	Bangalore	Resource person	Question bank Project on General Intelligence and Reasoning	Staff Selection Commission, Bangalore
105	1997	21-25 July	Mysore	Resource person	-	Population Education Cell, Regional Institute of Education, Mysore – 6

CONFERENCES / WORKSHOPS (NATIONAL): PAPER PRESENTATION

sl	Year	Date/s	City	Title	Conference	Organizers
1	2014	21-23 Nov	Mysore	Effectiveness of non verbal training communication on marital satisfaction	“NCIASP”-National Conference of Indian Association for social psychiatry'	Dept. of Psychiatry, JSS Medical college & Hospital, Mysore
2	2014	14-15 Nov	Rajamandry	“assessment of occupational stress among medical professionals-A study of doctors, nurses and medical representatives-in absentia	ICSSR sponsored national seminar on stress and Resilience: in children, adolescents, women and support groups	Dept. of Psychology, Adikavi Nannaya University,

3	2012	12 apr	Mangalore	Factors influencing purchasing behavior of green durables-a consumer perspective	Manegma-2012-national conference on sustainable growth in Developing Economies-Challenges faced in turbulent times,	Srinivas Institute of Management Studies, Mangalore
4	2011	18-19 Feb	Mangalore	Occupational & stress and proneness to psycho-medical illnesses-A study of employees in medical profession workshop on "SPSS" and also chaired a session on HRM related papers (Track-7)	National Conference on Business and management'	Sahyadri College of Engineering and management, Mangalore
5	2010	27-29 Oct	Mysore	Current employment retention strategies'	National conference on HR paradigms in the 2 ^{1st} century: A social work perspective"	P G Dept of Social work, JSS College of arts, Commerce & Science, Mysore.
6	2009	25-27 Feb	Bangalore	Assessment of stress among physically challenged prisoners"	32 nd All India Criminology National conference on "Science, technology law and criminal justice	Bangalore University and The Indian Society of Criminology
7	2008	8-9 Aug	Mysore	Shyness treatment by Cognitive therapies	"Behaviour modification skills for teachers of Higher education"	Academic Staff College, University of Mysore
8	2008	30 Jan-2 Feb	Panjim, Goa	Assessment of Shyness and anxiety among women athletes and their relationship"	XII National conference on "Healthy life style through sports"	Sri Dora Caculo College of Commerce and Management, NAPESS (National Association of Physical education and sports sciences) and Sports Authority of Goa (SAG)
9	2007	23-25 Feb	Kolkatta	Assessment of Shyness and anxiety and their relationship among women athletes	XI National conference on "Dynamic role of physical education sports sciences for the development of sports culture in Indian Universities"	AIU (Association of Indian Universities) and NAPESS (National Association of Physical education and sports sciences

PARTICIPATION (NATIONAL)

sl	Year	Date/s	City	Status	Conference	Organizers
1	2011	27 Mar	Mysuru	Delegate	Dr. B.R.Ambedkar's Vision on social exclusion and inclusion	Centre for the study of social exclusion and inclusion policy (CSSEIP), University of Mysore & Dr. B.R.Ambedkar Research and extension centre, UOM
2	2009	20 Oct	Blore	Delegate	Employment opportunities in rural areas for psychologists	IIPR, Indian Institute of Psychological Research, Blore
3	2007	29-30 Dec	Mercara	<i>Delegate</i>	Forest and microbial diversity and its relevance	Department of Microbiology, Mangalore University, and Karnataka Bio-diversity Board, Bangalore
4	2007	4-5 Oct	Bangalore	<i>Delegate</i>	National seminar on Indigenous knowledge systems in India	Department of studies in Anthropology, University of Mysore, Anthropological Survey of India, Kolkata and Garden City College, Bangalore
5	2006	16 Sep	Mysore	<i>Delegate</i>	workshop on "Organizational behavior-a practical approach"	DOS in Psychology, University of Mysore and The foundation for Research, Education & Development
6	2002	29 Nov – 1 Dec	Mysore	<i>Delegate</i>	IPSOCON 2002 of Indian Psychiatric Society – South Zone,	JSS Medical College, Mysore Medical College and Neuro Psychiatrists association, Mysore
7	2002	15-16 Jan	Mysore	<i>Delegate</i>	National Seminar on "Worldwide Web Education" (W3E),	Centre for Information Science and Technology (CIST), University of Mysore, and Union Network International (UNI), Switzerland
8	2000	25-27 Oct	Mysore	<i>Delegate</i>	KANCIPS – 2000 of Indian Psychiatric Society– Karnataka Chapter	JSS Medical College, Mysore Medical College and Neuro – Psychiatrists association, Mysore

ORGANIZING COMMITTEE MEMBER (NATIONAL)

sl	Year	Date/s	City	Status	Conference	Organizers
1	2016	3-7 Jan	Mysore	<i>Organizing committee member- Audio visual committee</i>	The Indian science Congress Association (ISCA)	University of Mysore
2	2015	31 Mar	Mysore	<i>Org.com.member</i>	Translation as empowering instrument for the college teachers	Dept. of Linguistics, Maharaja's College
3	2011	4-6 Feb	Mysore	<i>Organizing committee member</i>	46 th National and 15 th International Conference of Indian academy of Applied psychology on "Life skills for quality of life"	Dept. of Psychology, University of Mysore
4	2004	8-11 Jan	Mysore	<i>Organizing committee member</i>	National Conference of ANCIPS 2004 of Indian Psychiatric Society – South Zone,	JSS Medical College, Mysore Medical College and Neuro – Psychiatrists association, Mysore
5	1999	15-18 Nov	Mysore	<i>Organizing committee member</i>	A study on Awareness and attitudes of students from DMS Organised	Population Education Cell, Regional Institute Mysore
6	1999	8-10 July	Mysore	<i>Organizing committee member</i>	Discussion meeting on Behavioural Ecology	Dept. of Studies in Zoology, University of Mysore, Mysore
7	1999	19-22 sept	Mysore	<i>Organizing committee member</i>	National Symposium on Retrospect and Prospect of UTA Programme	NSS Training and orientation Centre for Karnataka, Mysore
8	1992	12-13 Sep	Mysore	<i>Organizing committee member</i>	National conference of Indian Psychiatric Society	JSS Medical College Mysore

Countries visited for various academic and other purposes

Sl	Country	Sl	Country	Sl	Country
1	Japan	11	Malaysia	21	Switzerland
2	Singapore	12	Thailand	22	Italy
3	United Kingdom	13	Iran	23	Hong Kong
4	Egypt	14	Sri Lanka	24	Australia

5	Israel	15	South Africa	25	Germany
6	Palestine	16	United Arab Emirates	26	Netherlands
7	Jordan	17	Spain	27	Czech Republic
8	Kuwait	18	France	28	Russia
9	Vatican	19	Austria	29	Nepal
10	Qatar	20	Russia	30	

Support services-member/chairperson-BOS/BOE

BOS member/chairperson	PG	UG
University of Mysore	Yes	Yes
Kuvempu University	Yes	-
Rani Chennamma University	-	Yes
Calicut University	Yes	Yes
Mangalore University	Yes	-
Mandya University	-	Yes
Mandya University	-	Yes
Karnataka State Open University	-	Yes
St. Philomena's College, Mysore	-	Yes
Mahajana College	-	Yes
Govt. College, Mandya	-	Yes
Govt. Women's College, Mandya	-	Yes
NMKRV College, Blore	-	Yes
Mahalakshmi Ammanni College, Blore	-	Yes

BOE member/chairperson	PG	UG
University of Mysore	Yes	Yes
Kuvempu University, Shimoga	Yes	-
Karnatak University, Dharwad	Yes	-
Karnataka State Open University	-	Yes
Bangalore University	-	Yes
Tumkuru University	Yes	
Mandya University	-	Yes
Garden city university	Yes	Yes
St. Philomena's College, Mysore	-	Yes

Govt. College, Mandya	-	Yes
Govt. Women's College, Mandya	-	Yes
Mahajana FGC, Mysuru	-	Yes

Additional Positions held

Sl no	College/institution	Positions held	Duration
1	Maharaja's College	National Service Scheme – Programme Officer – Unit – II	1997-2001 (4 years)
2	Maharaja's College	Faculty advisor- Maharaja's Hostel	2001-2011 (10 years)
3	Maharaja's College	IQAC-Chief	2013-2018
4	Maharaja's College	Nodal officer-NEP	2021 onwards
5	Govt. of Karnataka	NEP-Syllabus committee member	2021 onwards

PROFESSIONAL ASSOCIATION WITH JOURNALS

Journal	Status
International journal of psychology and psychiatry	Editor-in-Chief
International Journal of Indian Psychology	Member- of the editorial board
Lectito Journals – The Netherlands	Member- of the editorial board
Asian Journal of Development matters	Member-Central Editorial Board
Afro Asian Journal of Anthropology and social policy	Member-Central Editorial Board
International Journal of social and economic research	Statistical Editor
International Journal of bio-medical research	Member-Central Editorial Board

PROFESSIONAL ASSOCIATION

Organization	Status
Kidney foundation	Technical advisor
Indian Institution of Psychology & Research, Bangalore	Academic Council member
Govt. College of Indian Medicine, Mysore	Ethical committee member

MEMBERSHIP WITH PROFESSIONAL ORGANISATIONS

Organization	Status
Indian Association of Clinical Psychologists	Life Associate Member
National Academy of Psychology	Member
Karnataka Academy of Psychology	Life Member

Ethical committee member

Sl no	Institute	Position
1	Government College of Indian Medicine, Mysore	Member
2	All India Institute of speech and hearing	Member
3	SVYASA University, Bengaluru	Member
4	World Pranic healing centre, Mysuru	Member

OTHER ACTIVITIES: Resource Person:

Sl no	University/Institute	Specific institute
1	University of Mysore	Academic staff College
		NSS Training and Orientation Center for Karnataka, Mysore
		D.S.E.R.T
		Employment Cell, UOM
		Centre for social inclusion and exclusion policy
2	Karnataka State Open University (KSOU),	Dept. of Psychology, Education & management
		NSS Training and Orientation Center for Karnataka, Mysore
3	Christ university	Dept of Psychology,
		CEDBEC-centre for education beyond curriculum
4	Calicut University, Koikode, Kerala	Dept. of Education
5	Central University of Karnataka, Gulburga	School of Business
6	Tumkur University	Dept of Management studies

7	Team Lease skills university, Vododara, Gujarat	Personnel selection
8	Visvesharaiah Technological University, Regional centre, Sathagalli, Mysore	Department of Management Science, VTU PG Centre, Sathagalli, Mysore
9	JSS university, Mysore	Dental college, Medical college
10	Kuvempu University	Manasa Educational foundation
11	Mangalore University	P G Dept of Microbiology
12	Indira Gandhi National open university	Study center, Mandya
13	Agricultural University, Karnataka	Shimoga centre
14	AYUSH, Govt of Karnataka	Ayurveda
15	NCERT	Population Education Cell, Regional Institute of Education
16	JSS College, Ooty Road, Mysore.	Dept. of Industrial Microbiology,
		. P G Dept. of Social work
17	Government College of Indian Medicine, Mysore	Kayachikitsa and Siddantha Departments
18	SDM-IMD, Mysore	Management Sciences
19	Dept. of Prison administration, Karnataka	PTI, Mysore
20	NSS programme cell, Bangalore	Dept of Youth Affairs, Govt. of Karnataka
21	City Armed Reserve Police	City Armed Reserve Police, Mysuru
22	All India Radio, Mysuru	Phone-in-programmes, panel discussion
23	ATI, Mysuru	Communication skills