



CURRICULUM VITAE

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QUALIFICATIONS

Degree	Subject/s	Class Obtained	University
Ph.D.	PSYCHOLOGY	-	Mysore
M.A.	PSYCHOLOGY*	I	Mysore
B.Sc.	Psy/Bot/Chem	I	Mangalore
Diploma	Psy'l Counseling	I	IHCA. Chennai
Diploma	Bio-Diversity	-	Kyoto Univ. JAPAN

* Secured II Rank in M.A.

CAREER:

Position	Year's	Institute
Associate Professor*	Nov. 2008 to date	Maharaja's College, Mysore, UOM
Selection Grade Lecturer	Nov. 2005 to Nov. 2008	Maharaja's College, Mysore, UOM
Senior lecturer	Nov. 2000 to Nov. 2005	Maharaja's College, Mysore, UOM
Lecturer (Permanent)	Nov. 1996 to Nov. 2000	Maharaja's College, Mysore, UOM
Lecturer (Temporary)	1994-1996	Maharaja's College, Mysore, UOM
Lecturer (Temporary)	1992-1994	P.G. Dept. of Psychology, UOM
Research Student	1990-1992	University of Mysore

Recognized guide from University of Mysore

Subject	Year's	University
Psychology	1999	University of Mysore
Criminology & Forensic Science	2017	University of Mysore

AWARDS

Sl no	Award	Year	Details	Conference
1	IPA presidents Gold medal award	2016 (25-26 July)	Conferred by the president IPA for excellence in Psychology	National conference of IPA on current issues in Psychological aspects of student's personal, school and family life
2	Best paper Award (International)	2006 (28-30 Apr)	Effect of shyness on performance, personality and intelligence of students of physical education	International Conference on Physical education and sports sciences, held at Kasturba Medical College, Manipal, jointly organized by AIU (Association of Indian Universities) and NAPeSS

PROJECTS/TECHNICAL REPORTS COMPLETED

Sl no	Authors	Year	Project title	Funding agency
1	Jois, S., D'Souza, L. Aithal, R. & Moulya, R.	2016	Pranic Energy Perception and impact of Prana on Wellbeing of Adolescents	World Pranic healing centre, Mysore
2	Jois, S., D'Souza, L. & Moulya, R.	2015	Effectiveness of MCKS super brain yoga on short term memory of school children in association with Social welfare department, Mysore Taluk, Govt. of Karnataka	World Pranic healing centre, Mysore
3	Jois, S., D'Souza, L. & Moulya, R.	2015	Effectiveness of MCKS super brain yoga on short term memory, visuo-spatial ability and academic performance of students. Report submitted to Sri Morarji Desai Residential School, Mysore	World Pranic healing centre, Mysore
3	Jois, S., & D'Souza, L.	2014	Effects of Pranic healing on functional health and wellbeing of inmates (conducted at Mysore central prison). Report submitted to Dept. of AYUSH, Karnataka and Prison department, Mysore central prison	World Pranic healing centre, Mysore
4	Jois, S., & D'Souza, L.	2014	Effectiveness of MCKS super brain yoga on academics, psychological and physical wellbeing. Report submitted to Dept. of AYUSH, Karnataka and Mysore Zilla Panchayat.	World Pranic healing centre, Mysore
5	D'Souza, L	2011	Prevalence of Shyness on South India. Efficacy of Behaviour therapy, Allopathic and Indian medicine on the treatment of shyness	UGC, Regional Office, Bangalore
6	Rao, Sudha, V., & D'Souza, L., &	2005	A research study on impact of adolescence education on adolescent	National Council of Educational Research and

	Mohan, M		reproductive health behaviour. Mimeographed.	Training (NCERT), New Delhi
7	Siddegowda, Y.S., D'Souza, L., Urs, G.B.	2000	Assessment of subjective well being of the executives of Rane Madras (Mysore) at work place and at home: Implications for the Advanced Management". Project report submitted to CEO, RANE (Madras), Mysore	Rane Madras, Mysore
8	Rao, Sudha, V., & D'Souza, L.,	2000	A needs assessment study in adolescent education in Mysore district. Mimeographed.	National Council of Educational Research and Training (NCERT), New Delhi.
9	Singh, M., Singh, M. Kumar, M.A., Kumara, H.N., D'Souza, L., & Bertsh, C. 1999	1999	Ecology and Evolution of Sociality in non-human Primates in South India.	Ministry of Environment and forests, Government of India.
10	Singh, M., Udayan, A., Singh, M., D'Souza, L., Kumar, M.A., Kumara, H.N. & Salahuddin, M. 1997	1997	Status survry of slender loris (<i>Loris tardigraduslydekikerianus</i>) in Dindigul, Tamilnadu, India.	Zoological Society of San Diego, USA

Ph.D GUIDANCE- DEGREE AWARDED PSYCHOLOGY/CRIMINOLOGY & FORENSIC SCIENCE (UNIVERSITY OF MYSORE)

Sl.no	Name	Topic	Year of Award	Subject
1	Reneesh K Rajan	Criminogenic needs and risk assessment of first time repeated male offenders.	2018	Criminology
2	Yashodhara Kumar, G.Y	Shyness among Children with Learning Disability in Relation to Anxiety-Depression dyad and Quality of Life	2018	Psychology
3	Ranganath, P.R	Academic stress in relation to shyness among students pursuing professional and non-professional courses	2018	Psychology
4	Mahadevaswamy, P	Internet addiction, shyness and subjective wellbeing among adolescents	2017	Psychology
5	Meghana Nabhiraj	Assessment of behavioural problems in late childhood and their relationship with shyness and wellbeing	2017	Psychology

6	Masoumen Hakimian	The role of early maladaptive schemas in predicting outcome of cognitive behavior therapy and systematic desensitization in obsessive compulsive disorder-a comparative study	2016	Psychology
7	Vani H	Triarchic abilities among adolescents and their relationship with academic achievement and shyness	2016	Psychology
8	Malathi V	Effect of shyness on interpersonal relationship and social conformity among college students.	2016	Psychology
9	Shankaralinge Gowda, D.K.	Assessment of adolescent problems and their relationship with shyness (in Kannada)	2015	Psychology
10	NasrinBalilash k	Prevalence of shyness and its relationship with creativity and wellbeing among adolescents	2014	Psychology
11	Chandrashekar a. D	Shyness, adjustment and technology use among adolescents (in Kannada).	2013	Psychology
12	Seyed SoleimanHoss eini Nik	Shyness and social anxiety among adolescents-intervention through morita therapy	2013	Psychology
13	Jagadish S N	Effectiveness of Cognitive Behaviour Therapy on anxiety, adjustment and shyness among male patients with dhat syndrome and erectile dysfunction	2012	Psychology
14	Sr. Arpana	Effectiveness of life skills training on shyness among adolescents	2012	Psychology
15	Natesha N	Prevalence of shyness in childhood and its influence on self-concept, happiness and reaction time (in Kannada)	2011	Psychology
16	Daryoush Ghasemian Sour Beni	Effectiveness of rational emotive behaviour therapy on shyness among adolescents in India	2011	Psychology
17	Sedighe Ebrahimi Alavikolah	Prevalence of subtypes of shyness and its influence on anxiety and wellbeing	2011	Psychology
18	Somesha C	Assessment of shyness among adolescents and its relationship with loneliness, depression and adjustment (in Kannada).	2011	Psychology
19	H M Ramakrishne Gowda	Assessment of emotional and social intelligence among adolescents and their relationship with shyness (in Kannada)	2010	Psychology
20	H Y Sreeshakumar	Assessment of differential implication of various psychosocial factors on age related developmental aspects of adolescent boys and girls	2010	Psychology
21	Moslem Saberi	Prevalence of shyness in Iran and India and its relationship with emotional and	2009	Psychology

		social maturity among adolescents		
22	Bindu Ashwini	A comparative study of psychological problems of employees of call centers with employees of multinational companies	2009	Psychology
23	Hasan Baniasadi	Impact of non-verbal communication training on marital satisfaction	2008	Psychology
24	Kazem Sheriatnia	Effectiveness of CBT and CBGT on the treatment of shyness among adolescents in Iran	2008	Psychology
25	Jayaraju R	An integrated study of psychological problems of jail inmates of Karnataka (in Kannada)	2005	Psychology

Ph.D CO-GUIDANCE- DEGREE AWARDED-UNIVERSITY OFMYSORE

Sl.no	Name	Topic	Subject	Year of Award
1	Bhaskar, H.N.	A study on the differential effects of psychosocial factors and sports performance of university students: Comparative study	Physical Education	2014
2	Krishnayya P	A study of relationship of socio-economic status with physical fitness, health status, sports performance and proneness to disorders among Mysore University students	Physical Education	2007

PH.D GUIDANCE-CANDIDATES WORKING

Sl.no	Name	Subject	Status
1	Shwetha T K	Psychology	Thesis writing
2	Jinson George	Psychology	Registered
3	Somayyeh Pirkamali	Psychology	Prov registered
4	Sujatha M	Psychology	Enrolled
5	Rajeev	Criminology	Data collection

M.PHIL GUIDANCE

Sl.no	Name	Topic	Subject	Year of Award	University
1	Raghavendra K	An evaluative study on expert evidence in criminal trials	Forensic Science	2013	Mysore
2	Gokul R	Triangles-track residues & impressions assisted novel gait language evaluation study	Forensic Science	2012	Mysore
3	Deepthi	Life after Crime-of the child in conflict with law	Correctional Administration	2012	Mysore
4	Rajesh C	Comparative study of fingerprints between normals and transgenders	Forensic Science	2012	Mysore

ACADEMIC VISITS ABROAD

sl	Year	City	Country	Conference	Organizers
1	2018	Singapore	Singapore	5 th Academic conference on social sciences	Conscientia beam, Singapore
2	2017	Amsterdam	Netherlands	<i>15th European Congress of Psychology-2017</i>	EFPA (European Federation of Psychologists' Associations).& INPA, Effa
3	2016	Melbourne	Australia	8 th World Congress on Cognitive and behavior therapies	Australian association for Behavioural and Cognitive therapy
4	2015	Milan	Italy	<i>14th European Congress of Psychology-2015</i>	EFPA (European Federation of Psychologists' Associations).& INPA
5	2014	Paris	France	<i>International Congress of Applied Psychology-2014</i>	ICAP-Paris
6	2013	Madrid	Spain	<i>International Psychological Applications Conference and Trends 2013, April 26-28</i>	IPACT-Madrid
7	2012	Bangkok	Thailand	<i>Behavioural, Cognitive and Psychological Sciences (BCPS-2012)</i>	IEDRC, Thailand
8	2012	Cape town	South Africa	<i>International Congress of Psychology (ICP), July 23-27</i>	Psy SSA, National Research Foundation,
9	2011	Colombo	Srilanka	<i>International Conference on psychology and allied professions, Dec 5-8</i>	Sri Lankan Assn for Psychology, Counselling and psychotherapy & Kelaniya University
10	2011	Tehran	Iran	<i>International Congress on Psychology, Religion and Culture, May 14-16.</i>	Tehran University
11	2010	Chiangmai	Thailand	<i>International conference on sports and exercise science 2010/ Dec 11-14</i>	Mahidol University, Chiangmai
12	2009	Bangkok	Thailand	<i>International conference on sports and exercise science</i>	Kasetsart University

				2009/ Dec 1-3	
13	2009	Kuala Lumpur	Malaysia	<i>International conference on applied psychology/ March 12-14</i>	University Malaya
14	2007	London	United Kingdom	<i>2nd International conference on child and adolescent psychopathology/ Jul 5-6</i>	Roehampton University, UK
15	1999	Kyoto	Japan	<i>Asia science seminar on bio-diversity held at Kyoto university, Inuyama, Aichi, Jul 26-6th Aug</i>	Japanese Society for promotion of Science

RESEARCH ARTICLES/REVIEW PUBLISHED

Sl.no	Author/s	Year	Article	Journal	Vol/p no	ISSN/ I SBN
1	D'Souza, L & Sowmya, H.R	2018	Instagram addiction among students pursuing medical and non-professional courses: a comparative study	<i>International journal of Indian Psychology</i>	6 (4), 4-10	2348-5396
2	D'Souza, L. & Hemamalini, M.J	2018	Instagram Addiction And Depression Among College students	<i>International journal of Indian Psychology</i>	6(4), 96-102	2348-5396
3	D'Souza, L.	2018	Extent of Instagram Addiction among College Students in Mysuru city: Influence of Select Demographic Factors	<i>International journal of Indian Psychology</i>	6 (4), 4-10	2348-5396
4	D'Souza, L. & Hemamalini, M.J	2018	Does Anxiety Influences Instagram Addiction Among College Students?	<i>International journal of Indian Psychology</i>	6(4), 167-173.	2348-5396
5	Shwetha, K.T. & D'Souza, L	2018	Help seeking behavior among caregivers of psychotic patients- influence of select demographic factors	<i>International journal of Indian Psychology</i>	6(4), 36-41	2348-5396
6	Shwetha, K.T. & D'Souza, L	2018	Assessment of shyness among caregivers of psychotic patients	<i>International Journal of Psychology and Psychiatry</i>	6(2), 83-89	2320-6233
7	D'Souza, L.	2018	Instagram addiction among paramedical and non-professional courses: A comparative study	<i>International Journal of Psychology and Psychiatry</i>	6(2), 69-75	2320-6233
8	D'Souza, L, Manish, S., &	2018	Comparative Study Of Sleep Quality Between Pre	<i>International journal of Indian</i>	6(4), 44-52	2348-5396

	Deeksha, S		University And Undergraduate Students: Influence Of Select Demographic Factors	<i>Psychology</i>		
9	D'Souza, L., Sukesh, P & Ravi, M.	2018	Personality correlates of internet addiction among college students	<i>International journal of Indian Psychology</i>	6 (4), 122-127	2348- 5396
10	Rao, L.N., Varsha, P.S & D'Souza, L	2018	Political Empowerment through SHGs: Influence of selected demographic factors	<i>Asian Journal of Development matters</i>	In press	0973- 9629
11	Karnat, M.S., Srimathi, N.L & D'Souza, L	2018	Sexual dysfunctional beliefs in relationship with Shyness among Young Adults	<i>International Journal of Psychology and Psychiatry</i>	6 (2), 22-30	2320- 6233
12	Deeksha, S & D'Souza, L	2018	Does Internet Addiction Affects Sleep Quality Of Pre-University Students? University Students? S,	<i>International journal of Indian Psychology</i>	6(4), 94- 100	2348- 5396
13	D'Souza, L. & Ranganatha R.	2018	Shyness correlates of Instagram addiction	<i>International journal of Indian Psychology</i>	6(4), 23- 28	2348- 5396
14	D'Souza, L, & Meenakshi, S	2018	Relationship between Instagram addiction and sleep quality among dental students	<i>International Journal of research in Engineering, IT and social sciences</i>	8 (10), 103-108	2250- 0588
15	Rao, L.N., Varsha, P.S & D'Souza, L	2018	Psychological Empowerment through SHGs: Influence of selected demographic factors	<i>International journal of Indian Psychology</i>	6 (4), 145-153	2348- 5396
16	D'Souza, L. , Samyukta, A & Bivera, T.J.	2018	Development and validation of test for Instagram addiction (TIA)	<i>International journal of Indian Psychology</i>	6 (3), 5- 14	2348- 5396
17	D'souza, L. & Samyukta, A	2018	Extent Of Facebook Addiction Among College Students: Influence Of Select Demographic Factors	<i>International journal of Indian Psychology</i>	6 (3), 4- 10	2348- 5396
18	Jois, S.N., & D'Souza, L,	2018	Superbrain Yoga and Superbrain Yoga on concentration, memory and confidence in school students	<i>Indian journal of traditional knowledge</i>	17 (4), 741-744	0972- 5938
19	Prasanna R S, Venkatesan S, Pavithragini, D'Souza, L., Jayaraju R	2018	Comparison of Perceptual Ranking of Languages, Subjects and Teachers by Students with Learning Difficulty	<i>International journal of Indian Psychology</i>	6 (3), 125-130	2348- 5396
20	D'Souza, L, Ravi, M,	2018	Shyness Correlates of Facebook Addiction among	<i>International journal of Indian Psychology</i>	6 (3), 96-103	2348- 5396

	Lakshmeesh, D M & Singh, M		College Students.	<i>Psychology</i>		
21	Jois, S.N. & D'Souza, L,	2018	Effectiveness of Superbrain Yoga on the Academic Performance and Attendance of School Students	<i>Psychology and Education</i>	55 (1-2), 56-61	
22	D'Souza, L & Samyukta, A	2018	Assessment of Sleep Quality among College Students: Influence of Select Demographic Factors	<i>International journal of Indian Psychology</i>	6(3), 178-185	2348-5396
23	Mahadevaswamy, P & D'Souza, L	2018	Internet addiction and shyness among adolescents	<i>International journal of Indian Psychology</i>	6 (3), 100-107	2348-5396
24	Karnat, M.S., Srimathi, N.L & D'Souza, L	2018	Sexual Self Concept In Relation To Shyness among Young Adults	<i>International journal of Indian Psychology</i>	6 (2), 139-145	2348-5396
25	Yashodharakumar, G.Y & D'Souza, L.	2018	Shyness among children with and without learning disability-A comparative study	<i>International journal of Indian Psychology</i>	6 (2), 60-68	2348-5396
26	Pratiksha, N. & D'Souza, L.	2018	Academic stress and its influence on academic achievement among early adolescents	<i>International journal of Indian Psychology</i>	6 (2), 12-19	2348-5396
27	Jois, S.N., D'Souza, L, Prasad, K.N., & Manasa, B.	2018	Enhancement of quality of life through pranic healing among working women employees	<i>Journal of psychological and educational research,</i>	26 (1), 147-157	2247-1537
28	D'Souza, L., Manish, S, Shrvan raj, M.S.	2018	Relationship between academic stress and internet addiction among college students	<i>International journal of Indian Psychology</i>	6 (2), 99-106	2348-5396
29	Rajan, R & D'Souza, L	2018	Family and peer association among First Time and Repeated Male Offenders	<i>International journal of Psychology & psychiatry</i>	6(1), 52-60	2320-6233
30	Yashodharakumar, G.Y, & D'Souza, L.	2018	Depression among children with and without Learning Disability	<i>International journal of Psychology & psychiatry</i>	6(1), 89-101	2320-6233
31	Jois, S.N, D'Souza, L., Moullya, R.	2018	Effectiveness of Superbrain Yoga on short term memory, visuo-spatial ability and academic performance of students	<i>Indian journal of public health research and development</i>	9 (3), 183-187	0976-5506
32	D'Souza, L., Samyukta, A & Tejaswini, S.M.	2018	Relationship between Internet Addiction and Sleep Quality among Female Students	<i>International journal of Indian Psychology</i>	6(1), 83-88	2348-5396
33	Rajan, R &	2018	Substance Abuse, Criminal	<i>International</i>	6 (1),	2348-

	D'Souza, L		Attitudes and Behavioural Patterns among First Time and Repeated Male Offenders	<i>journal of Indian Psychology</i>	29-34	5396
34	Jayaraju, R., D'Souza, L. & Rangaiah, B.	2018	Assessment of Stress among Physically Challenged Prisoners: Influence of Age and Nature of Physical Challengedness	<i>International journal of Indian Psychology</i>	6(1), 146-151	2348-5396
35	Ranganatha, P.R & D'Souza, L	2018	Assessment of academic stress among students pursuing professional and nonprofessional courses.	<i>International journal of Indian Psychology</i>	6(1), 9-15	2348-5396
36	Jois, S.N., D'Souza, L , & Gayathri, R	2018	Effectiveness of pranic healing on functional health and wellbeing of Inmates at Mysore Central prison	<i>Indian Journal of Public health Research and development</i>	9(1), 146-151	0976-0245
37	Rezvan, A., G & D'Souza, L,	2017	Influence of Parenting Styles on shyness among adolescents	<i>International journal of Indian Psychology</i>	5(1), 49-55	2348-5396
38	Rezvan, A., G & D'Souza, L,	2017	Influence of Parenting Styles on mental health among adolescents	<i>European online journal of natural and social sciences.</i>	6(4), 667-673	eISSN: 1805-3602
39	Ranganatha, P.R & D'Souza, L	2017	Shyness among students pursuing professional and non-professional courses-A comparative study	<i>International journal of psychology and Psychiatry</i>	5 (2), 20-27	2320-6233
40	Mahadevaswamy, P & D'Souza, L	2017	Effect of internet addiction on psychological wellbeing among adolescents	<i>International journal of psychology and Psychiatry</i>	5 (2), 76-86	2320-6233
41	Mahesh P.A, Srikanth J.N, Ananthakrishna M.S, Parthasarathi G, Chaya S.K, Rajgopal. R, Renuka Devi M, D'Souza. L, Amrutha D.H.	2017	Amelioration of quality of life and lung function of chronic obstructive pulmonary disease by pranic healing as adjuvant therapy: A randomised double blind placebo controlled pilot study.	<i>Australian Medical Journal (AMJ)</i>	10(8), 665-673	1836-1935
42	Pirkamali, S & D'Souza, L.	2017	Effectiveness of psycho-educational intervention on suicide behavior, positive and negative syndromes and quality of life in patients suffering from schizophrenia	<i>International journal of Academic Research,</i>	4, 2 (4), 12-17	2348-7666
43	Mahadevaswam	2017	Relationship between	<i>International</i>	6, 7(11),	2277-

	y, P & D'Souza, L		internet addiction and wellbeing among rural adolescents.	<i>journal of multidisciplinary educational research</i>	196-201	7881
44	Mahadevaswamy, P & D'Souza, L	2017	Effect of internet addiction on subjective wellbeing among adolescents	<i>Asian Journal of development matters</i>	11 (1), 73-81	0973-9629
45	Jois, S.N., Manasa, B., D'Souza, L, & Prasad, K N	2017	Viewing of air prana: an exploratory study of perceptions among participants of different gender and education	<i>Int J Res Ayurveda Pharm</i>	8(3), 51-55	2229-3566
46	Jois, S.N., D'Souza, L, Aithal, R, & Moulyya R	2017	Psychological and bioplasmic states of adolescents upon viewing air and ground <i>prana</i>	<i>Indian journal of traditional knowledge</i>	16 (s), 30-34	0972-5938
47	Jois, S.N., D'Souza, L, & Moulyya R	2017	Beneficial effects of super brain yoga on short term memory and selective attention of students	<i>Indian journal of traditional knowledge</i>	16 (s), 35-39	0972-5938
48	Rezvan, A., Gowda, H.M.R & D'Souza, L,	2017	Influence of Parenting Styles and Developmental Stages on Identity Formation among Adolescents	<i>International journal of Indian Psychology</i>	4(3), 97-105	2348-5396
49	Rezvan, A., Gowda, H.M.R & D'Souza, L,	2017	General health status of adolescents in and around Mysore city: Influence of developmental stage, area and gender	<i>ZENITH International journal of Multidisciplinary Research,</i>	7 (5), 22-30	2231-5780
50	Jois, S.N., Manansa., D'Souza, L,	2017	Pre and post experience of viewing human aura: An exploratory study.	<i>Int J Res Ayurveda Pharm</i>	8(2), 51-55	2229-3566
51	Jois, S.N., Manansa., D'Souza, L, Prasad, N.K	2017	Sensation of Pranic Energy between Hands: An Exploratory Study	<i>Indian Journal of Ancient Medicine and Yoga</i>	10(1), 5-11	0974-6994
52	Yashodhara, Venkatesan, S., & D'Souza, L.	2017	Attending High Ability in children with learning disabilities and hearing impairments – a comparative study	<i>Journal of the Indian academy of applied psychology</i>	43, (1) 59-66	0019-4247
53	Jois, S.N., Moulyya, R D'Souza, L,	2017	Mitigation of perceived stress and enhancement of quality of life among female adolescents using Meditation on Twin Hearts	<i>Ind J Public Health Res & Devl</i>	8 (3) 228-233	0976-0245

54	Yathindra, H.A., Jois, S.N., & D'Souza, L,	2017	Enhancement of seed germination, fruit set and yield of Pole Beans (<i>Phaseolus vulgaris L.</i>) by Pranic Healing	<i>Ecology, Environment and Conservation</i>	23 (2), 812-814	0971-765X
55	Jois, S.N., Manansa., D'Souza, L,	2017	Psychological wellbeing by awareness of air prana and the aura surrounding a tree among participants from different age group	<i>Indian Journal of Public Health Research and Development</i>	8 (3) 325-330	
56	Jois, S.N., Prasad, N, & D'Souza, L	2017	Morphology of Cucumber Plants as Influenced by Pranic Agriculture	<i>Science Alert - Asian journal of scientific research</i>	11 (1), 33-35	1992-1454
57	Jois, S.N., Roohie, K., D'Souza, L, Suma, F., Devaki, C.S, Urooj, A., Krell, R., & Prasad, N	2016	Physico-Chemical Qualities of Tomato Fruits as Influenced By Pranic Treatment-An Ancient Technique For Enhanced Crop Development	<i>Indian Journal of Science and Technology</i>	9 (46), 2-6	0974-5645
58	Mahadevaswamy, P & D'Souza, L	2016	Prevalence of internet addiction among adolescents in and Around mysore city: influence of select demographic variables	<i>International journal of psychology and Psychiatry</i>	41 (2), 1-9	2320-6233
59	Meghana, N. & D'Souza, L	2016	Influence of Behavioural Problems on Shyness in Late Childhood	<i>International journal of psychology and Psychiatry</i>	41 (2), 51-61	2320-6233
60	D'Souza, L., Gowda, H M R & Yashodhara G Y	2016	Relationship between shyness and academic stress among adolescents.	<i>Asian Journal of Development matters</i>	10, 175-181	0973-9629
61	Hakimian, M & D'Souza, L.	2016	Effectiveness of Systematic Desensitization and Cognitive Behaviour Therapy in Reduction of Depression among Obsessive Compulsive Disorder patients-A Comparative Study	<i>International journal of psychology and Psychiatry</i>	4(1), 56-71	2320-6233
62	Hakimian, M & D'Souza, L.	2016	Effectiveness of Systematic Desensitization and Cognitive Behavior Therapy on Reduction of Obsessive Compulsive Disorder Symptoms: A Comparative	<i>European online journal of natural and social sciences.</i>	5(1), 147-154	eISSN: 1805-3602

			Study			
63	Rao, M.V & D'Souza, L	2016	Association between shyness and social conformity among college students	<i>International journal of psychology and Psychiatry</i>	4 (1), 82-95	2320-6233
64	D'Souza, L	2015	Mental health among adolescent girls	<i>Conference proceedings- Women's mental health today (Ed. Noor Mubasheer)</i>	1-9	978-93-5258-164-1
65	Rao, M.V & D'Souza, L	2015	Assessment of shyness among college students: Influence of gender and area	<i>Asian Journal of Development matters</i>	9 (2), 125-134	0973-9629
66	Venkatesh, N., Sumangala, C., & D'Souza, L.	2015	The Effect of Six Sigma on Employees – A Case Study	<i>Nitte management Review</i>	9(1), 31-42	2231 - 6043
67	Jois, S., Ithal, R., D'Souza, L & Gayathri, R.	2015	The perception of prana and its effect on psychological wellbeing	<i>Journal of research: The Bede Athenaeum</i>	6, 216-219	00976-0598
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183	D'Souza, L., Mridula, K., & Singh, M	1990	The speed and extent of learning to discrimination conditions in rat	<i>Psychological Studies,</i>	35, 93-97.	0974-9861

EDITED BOOKS

Sl no	Author/s	Year	Title	Publishers	ISBN/ISSN
1	D'Souza, L	2016	<i>Social Psychology</i>	New Delhi: Discovery Publishing House private Limited.	ISBN 978-93-5056-771-5
2	D'Souza, L	2014	<i>Public health and new Psychology: debates.</i>	New Delhi: Discovery Publishing House private Limited.	ISBN 93-5056-485-8
3	D'Souza, L.	2012	<i>Readings in Developmental Psychology.</i>	New Delhi: Discovery Publishing House private Limited,	ISBN 978-93-5056-116-4
4	Nanjunda, D.C., Siddegowda, Y S., Kumar, G.V., Ramesh., D'Souza, L.,& Subramanya, B	2011	<i>India Development: Issues & Prospectives.</i> New Delhi:	Anmol Publications Pvt Ltd.	ISBN 978-81-261-4624-4
5	D'Souza, L.	2008	Journal of Developmental Matters: Special Issue-Trends in Behavioural sciences:	Guest Editor, Vol 2, No. 2. Coorg: The Road Trust.	ISSN 0973-9629

Inventories/scales developed

Scale/ Inventory	Details	Developed by	Year
TIA	Test for Instagram Addiction	D'Souza, L, Samyukta, A., & Bivera, T.J.	2018
HCPQ	Health and Criminality proneness questionnaire	Rajashekara, A & D'Souza, L	2013
LSQ	Life skills questionnaire	Sr Arpana & D'Souza, L	2012
SSQ	Shyness Subtypes questionnaire	Sedighe, E & D'Souza, L	2011
CSQ	Couple Shyness Questionnaire	Baniasadi, H & D'Souza, L.	2008
SAT	Shyness Assessment Test	D'Souza, L	2006

CONFERENCES / WORKSHOPS: PAPERS/POSTERS PRESENTED/CHAIED (INTERNATIONAL)

sl	Year	Date/s	City/ Country	Title	Conference	Organizers
1	2018	7-8 July	Singapore/ Singapore	Personality correlates of Facebook addiction among college students	5 th Academic conference on Social sciences	Conscientia beam
2	2017	15-16 Dec	Calicut, India	Plenary talk on 'research in Criminal justice system'	International conference on Criminology and Forensic Science	Calicut Univ and IFSL
3	2017	15-16 Dec	Calicut, India	Chaired a paper presentation session on 'penology'.	International conference on Criminology and Forensic Science	Calicut Univ and IFSL
4	2017	9-11 Nov	Mysuru India	Chaired a paper presentation session on 'school and family factors'.	International conference on school psychology	Inspa, Univ of Mysuru
5	2017	9-11 Nov	Mysuru India	Presented a paper on relationship between shyness and guidance needs among adolescents in and around Mysuru city	International conference on school psychology	Inspa, Univ of Mysuru
6	2017	11-14 July	Amsterdam/ Netherlands	Shyness as predictor of internet addiction among adolescents	<i>15th European Congress of Psychology-2017</i>	EFPA (European Federation of Psychologists' Associations).& INPA, Effa
7	2016	11-12 Nov	Mysuru India	Psychology of sex: principles in sexual	The interim congress of South	SASSM, JSS Univ, IPS, ISSM

				and relationship management	Asia society for sexual medicibe	
8	2016	22-25 June	Melbourne Australia	Effectiveness of Rational Emotive Behaviour Therapy on Shyness among Adolescents	8 th World Congress on Cognitive and behavior therapies	Australian association for Behavioural and Cognitive therapy
9	2015	24-27 Nov	Mysore India	Influence of shyness on academic stress among adolescents	<i>First international conference on medical and social sciences</i>	MMC & RI and University of Mysore
10	2015	7-10 Jul	Milan Italy	Extent of Digital Technology Use on Adjustment-Neuroticism among adolescents	<i>14th European Congress of Psychology-2015</i>	EFPA (European Federation of Psychologists' Associations).& INPA
11	2015	1-4 May	Bengaluru India	Effectiveness of MCKS super brain yoga on academics, punctuality and psychological wellbeing	International convention on silver jubilee of World Pranic healing foundation	World Pranic healing foundation, Bengaluru
12	2014	18-19 Dec	Mysore India	Educational contribution of Christian missionaries: Pre and post independence era.	<i>Social exclusion of minorities and margins: Post colonial debate</i>	Centre for Social inclusion and exclusion Policy, University of Mysore
13	2014	8-13, July	Paris France	Effectiveness of individual and group Life Skills training on reduction of shyness among adolescents: a comparative study	<i>28th International Congress of Applied Psychology-2014</i>	A-CIP, SocietieFrancais de Psychologie and ICAP-Paris.
14	2014	9-11, Jan	Manipal India	Assessment of shyness and happiness among elite kabaddi players of University of Mysore and their relationship	International Conference on Physical education and sports sciences	Manipal University and NAPESS (National Association of Physical education and sports sciences,
15	2013	26-28, Apr	Madrid Spain	Working with Shy Adolescents: Effectiveness of Life	<i>International Psychological Applications</i>	InPACT-Madrid, Spain

				Skills Group Training	<i>Conference and Trends 2013,</i>	
16	2012	24-25, Nov	Bangkok Thailand	Working with shy adolescents: Effectiveness of Life skills training	<i>Behavioural, Cognitive and Psychological Sciences (BCPS-2012)</i>	IEDRC, IJSSH Thailand
17	2012	23-27, July	Cape town, South Africa	Effectiveness of Individual life skills training on reduction of shyness among adolescents	<i>International Congress of Psychology (ICP),</i>	Psy SSA, National Research Foundation, South Africa
18	2011	5-8 Dec	Colombo Srilanka	Assessment anxiety among and higher education students and its relationship with spirituality	<i>International Conference on psychology and allied professions,</i>	Sri Lankan Assn for Psychology, Counselling and psychotherapy & Kelaniya University
19	2011	14-16, May	Tehran Iran	Comparison of shyness between adolescents in India and Iran: A cross cultural study with age and gender	<i>International Congress on Psychology, Religion and Culture</i>	Tehran University
20	2011	17-18, May	Amol, Iran	'Research methods in Physical Education'	National Conference on Physical education Conducted by	AMOL UNIVERSITY, AMOL, IRAN
21	2011	8-9 April	Mysore India	Technology and management education	International conference on Re engineering of management education	KSOU, Mysore
22	2010	11-14, Dec	Chiangmai Thailand	Relationship between shyness and anxiety among athletes in different games	<i>International conference on sports and exercise science 2010</i>	Mahidol University, Chiangmai
23	2009	1-3, Dec	Bangkok Thailand	Relationship between shyness and anxiety among women in different games	<i>International conference on sports and exercise science 2009/ Dec 1-3</i>	Kasetsart University
24	2009	20-21	Mysore	Usage of SPSS and	<i>International</i>	University of

		Nov	India	Minitab tools in research data analysis	<i>conference on Current Research Trnds</i>	Mysore and Islamic Student Association of India
25	2009	12-14 March	Kaulalampur Malaysia	Assessment of shyness among adolescents and its relationship with emotional intelligence	<i>International conference on applied psychology/ March 12-14</i>	University Malaya
26	2007	5-6 July	London United Kingdom	Effectiveness of cognitive behavior therapy (CBT) on shyness among Adolescents in Iran	<i>2nd International conference on child and adolescent psychopathology/</i>	Roehampton University, UK
27	2006	28-30 Apr	Manipal India	Effect of shyness on performance, personality and intelligence of students of physical education	International Conference on Physical education and sports sciences	AIU (Association of Indian Universities) and NAPESS (National Association of Physical education and sports sciences,
28	1999	26 july-6Aug	Kyoto Japan	Habitat related variations in the demographic features of Bonnet macaques (Macacaradiata)	<i>Asia science seminar on bio-diversity held at Kyoto university, Inuyama, Aichi, Jul 26-6th Aug</i>	Japanese Society for promotion of Science
29	1999	11-13, Jan	Mysore India	Time activity budgets of lion tailed macaques (<i>Macaca silenus</i>) in a disturbed habitat	<i>5th International Conference on Lion-tailed macaques (Macaca silenus)</i>	Dept. of Psychology, University of Mysore,

PARTICIPATION (INTERNATIONAL)

sl	Year	Date/s	City/ Country	Status	Conference	Organizers
1	2012	10-12 Feb	Bangalore, India	<i>Delegate</i>	International Conference on Yoga, Naturopathy and Arogya Expo-2012	Dept of Ayush, Govt of Karnataka
2	2005	25-26, Feb	Mysore, India	<i>Delegate</i>	International conference on Health Sciences	JSS Mahavidyapeetha,

						Mysore
3	2000	27-29, March	Hassan, India	Delegate	International symposium on healthy life style – HIV/AIDS & STDs	

~~CONFERENCE / WORKSHOPS ATTENDED (NATIONAL/STATE)~~
CONFERENCE / WORKSHOPS ATTENDED (NATIONAL/STATE): RESOURCE PERSON

sl	Year	Date/s	City	Title	Conference	Organizers
1	2018	29-30 Aug	Mysuru	Chaired session (Tech session-1.6)	Make in India and digital India-Empowerment and transformation for inclusive growth	Centre for Social inclusion and exclusion Policy, University of Mysore
2	2018	13-14 July	Mysuru	Chaired session (Tech session-V)	Tribal development and corporate social responsibility: Issues and Prospects	ASI, India, Basudev Somani College, Centre for Social inclusion and exclusion Policy, University of Mysore,
3	2018	23-Feb	Mysuru	Psychological effects of smart phone addiction	PSYQUEST State level workshop on mental health at workplace	Christ College, Mysuru
4	2018	19-Feb	Mysuru	Chaired session (Tech session-II)	Social media for digital and social inclusion: Cultural, technological and economic implications	Centre for Social inclusion and exclusion Policy, University of Mysore, & UPE-II, Univ of Mysore
5	2018	29 Jan-3Feb	Mysuru	Descriptive and statistics using SPSS	Regional Level Research methodology workshop for SC/ST research scholars in social sciences	Centre for Social inclusion and exclusion Policy, University of Mysore, ICSSR, Hyderabad
6	2018	22-23 Jan	Mysuru	Dristi_sristi Vison document	Vision document workshop	Govt. Ayurveda Research centre, K R S Road, Govt. of Karnataka, Mysuru
7	2018	10 Jan	Mysuru	Chaired session	Emerging Rural Health issues in India	Centre for Study of Social Exclusion and Inclusive

						policy(CSSEIP), University of Mysore, & ICMR New Delhi
8	2017	22 Dec	Mysuru	Social Psychology & Public health	I annual conference of Indian association of preventive and social medicine. (PH-CON-2017)	JSS medical college, JSS univ, Mysuru
9	2017	21 Dec	Mysuru	Correlation	I annual conference of Indian association of preventive and social medicine. (PH-CON-2017)	JSS medical college, JSS univ, Mysuru
10	2017	10 Oct	Kalaburagi	Application of SPSS in Research	National workshop on research methodology	Govt. College, Kalaburagi & UGC
11	2017	12 Aug	Mysuru	Role of Christian community in Maintaining Peace and Human rights and Peace	Inter religious and Inter cultural Dialogue on Human rights and peace	KAICIID, Vienna, Austria Centre for Inclusive growth and Development Research Trust®, Mysore Centre for Study of Social Exclusion and Inclusive Policy, University of Mysore Basudeva Somani College, Kuvempu nagar, Mysore
12	2017	2 march	Hassan	Healthy mind healthy body	Healthy life-healthy practices	Govt. Home science college, Hassan
13	2016	'19-23 Dec	Mysore	Effect of internet addiction on shyness among adolscents	XL Indian social science Congress	IASC and UOM
14	2016	17 Dec	Mysuru	Application of statistics through SPSS software	Research methodology in social science	UOM, Gandhibhavan, SC/ST cell
15	2016	20-21 Oct	Mysuru	Health seeking behavior of Tribal's	Transition of particularly vulnerable tribal groups in India: An	Centre for Social inclusion and exclusion Policy, University of Mysore

					ethno historical relokk	
16	2016	17-19 Aug	Mysore	Chaired a session-RC 1 in the Concept, theories and methods	X Karnataka Sociology conference on development, state and environment in Karnataka: Issues, conflict and concerns	Karnataka Sociology Association and maharaja's College, Mysore.
17	2016	28-29 May	Hampi	Statistical methods-4 sessions	Research Methodology for social sciences	Dept. of Women studies, Hampi University and ICSSR, New Dfelhi
18	2016	3-7 th Jan	Mysore	Chaired a session (3) in the section of Anthropological and behavioural Sciences	The Indian science Congress Association (ISCA)	University of Mysore
19	2015	13 th Dec	Mysore	Application of SPSS in data analysis	National Workshop on "Capacity building programme for social science and related disciplines	Dept. of Management Studies, KSOU in association with ICSSR
20	2015	31 st Oct	Mysore	Mental health among tribal communities	ICMR National workshop on New Human development index for tribal health care	Centre for Social inclusion and exclusion Policy, University of Mysore
21	2015	10 Oct	Mysore	Mental health among adolescent girls	UGC sponsored workshop on 'women mental health'	Dept of Social work, St. Philomena's College, Mysore
22	2015	18 Aug	Mysore	Psychological aspects of farmer suicide	State level conference on Psychological aspects of suicide and its prevention	Dept. of Psychology, maharanis Arts College and Inner wheel club
23	2015	25-26 July	Mysore	'Statistical tools and analysis using SPSS for management sciences'	'Five day workshop on research methodology and statistical tool analysis using	Department of Management Science, VTU PG Centre, Sathagalli, Mysore

					SPSS'	
24	2015	9 may	Tumkur	Research Methodology, Statistics & SPSS	Work shop on Quantitative analysis using SPSS	Department of Management Science, Tumkur University, Tumkur in collaboration with Innovation Entrepreneurship development center
25	2015	13-14, Feb	Mysore	Counselling evaluation	Counselling in practice-challenges and remedies	P.G. dept of Social work, JSS college of Arts, Commerce and Science, Ooty Road, Mysore
26	2015	13-14, Feb	Mysore	Importance of statistics in Nursing Research	Orientation to research methodology & statistics	GopalaGowdaShanthaver i memorial college of Nursing, Mysore.
27	2015	1 Feb	Tumkur	Youth empowerment-challenges'	Youth empowerment-possibilities and challenges	Union Christian college, Tumkur and UCC alumni association, Tumkur
28	2014	11-12, Nov	Mysore	Quantitative data analysis using spss software'	National conference on "Research methodology and data analysis'	PG dept of Commerce, Teresian College, Mysore and Dept. of MBA, VTU regional centre, Mysore
29	2014	20-21 Mar	Mysore	Regression analysis'	Developments in Statistical methods for data analysis of excluded groups	Centre for Social inclusion and exclusion Policy, University of Mysore & Ministry of statistics and programme Implementation, New Delhi
30	2014	18-19 Mar	Tiptur	Psychological effects of internet and cell phone addiction'	UGC sponsored 2 day national conference on "Coping with internet and cell phone addiction in youth'	Department of Psychology, PallagattiAdavappa Arts and Commerce first grade collge, Tiptur& UGC
31	2014	20-29, Jan	Mysore	Statistical inference and ANOVA'	National Level Training programme on Research Methodology'	Department of studies in Commerce, University of Mysore, Mysore in association with ICSSR, New Delhi
32	2013	28 Dec	Mysore	Community mental health'	National workshop on 'NewPublic	Centre for Social inclusion and exclusion

					healthIssues in India’	Policy, University of Mysore
33	2013	26-27 Oct	Tumkur	Hands-on training on “Data analysis using SPSS”	Advanced Research methodology in Social sciences	Department of Management Science, Tumkur University, Tumkur
34	2013	7 may-5 Jun	Mysore	“parametric and non-parametric statistics-Data analysis using SPSS”	National Workshop on Advanced Research methodology in Social sciences	Department of Management, Karnataka State Open University, Mysore in association with ICSSR
35	2013		Gulbur ga	Parametric and non-parametric statistics-Data analysis using SPSS	National Workshop on “Capacity building programme for social science teachers and data analysis	School of management sciences, Central University of Karnataka, Gulbarga, in association with ICSSR
36	2013	28-29 May	Gulbur ga	Parametric and non-parametric statistics-Data analysis using SPSS”	Advanced Research methodology in Social sciences”	Department of Commerce, School of Business Studies, Central University of Karnataka, Gulbarga in association with ICSSR
37	2013	14 mar	Mysore			Dept of Social Work, St. Philomena’s College, Mysore
38	2013	19 Feb	Mysore	Statistical analysis of research data	Research methodology in Bio sciences	Dept of Botany, St. Philomena’s College, Mysore
39	2013	17 Feb	Tumkur	hands-on training on “data analysis using SPSS”	National workshop on Advanced Research methodology in Social sciences	Department of Management Science, Tumkur University, Tumkur
40	2013	16-26 Jan	Mysore	Hands-on training on “parametric and non-parametric statistics-Data analysis using SPSS”	National Workshop on “Advanced Research methodology in Social sciences”	Centre for the study of social exclusion and inclusion policy (CSSEIP), University of Mysore in association with ICSSR
41	2012	11-12 Dec	Mysore	sampling and sampling techniques’	State level conference on “Developing a research	JSS school of Nursing, Mysore

					temperament'	
42	2012	4-5 Apr	Mandya	'communication skills'	I state level conference on "trends in emergency nursing'	AET school of Nursing, Mandya
43	2012	17-18 Feb	Mysore	"attitude scale construction' and 'anecdotal records & sociometry'	State level workshop on Construction of tools in nursing research	GopalaGowdaShanthaver i memorial hospital trust, Mysore
44	2011	20 Dec	Mysore	Application of SPSS software in research data analysis	National work shop on "Modern Trends in Research Methodology"	SBRR Mahajana First grade College, Mysore
45	2010	3-5 Dec	Mysore	Application of SPSS software in public health dentistry	National conference on public health dentistry	JSS University and JSS Medical College, Mysore
46	2010	3-5 sept	Mysore	Application of SPSS software in medical sciences	State level PG update programme	JSS Medical College, Mysore
47	2010	29-30 Mar	Salcete	full-fledged programme for teachers	'Faculty Development Programme'	Rosary College of Commerce & Arts, Salcete, Goa
48	2010	9-30 jan	Mysore	Judge for scientific meet	Scientific meet 2009-10	JSS dental college and JSS University, Mysore
49	2009	20-22 May	Bangalore	Resource person & Chair	National seminar on "Competencies of educational leaders scale"	CEDBEC, Christ University, Bangalore
50	2009	5-25 Feb	Shimoga	Applications of statistical packages in counseling research', 'Body language', and 'issues in counseling research'	National summer school on Contemporary trends and systems in Student counseling	ICAR and university of agricultural Sciences, Bangalore at Shimoga.
51	2008	13-15 Feb	Mysore	'data collection methods' and 'observation method-an effective	National workshop on "Nursing research-A strategy for Evidenced	JSS College of Nursing, Mysore

				measure for data collection'	Based Practice''	
52	2006	10-11 Nov	Bangalore	Challenges in teaching and mentoring in higher education	National conference on Mentoring practices in Institutions of Higher education'	CEDBEC, Christ College, Bangalore.
53	2006	4-6 May	Bangalore	Creation of Knowledge-ethical dimensions of research	National conference on Rethinking academic excellence and value imperatives for quality in higher education	CEDBEC, Christ College, Bangalore.
54	2005	22-23 Sept	Bangalore	panel member on paper presentations	National conference on 'Creativity: Curriculum, Teaching, and Learning''	CEDBEC, Christ College, Bangalore.
55	2005	18-19 Mar	Bangalore	Student centered approaches'	National conference on 'Improving student learning in Higher Education'	CEDBEC, Christ college, Bangalore.
56	2002	2-5, Feb	Mysore	Resource person	National level workshop to develop script for the Audio-visual package on CD in Population Education and Development	Population Education Cell, Regional Institute of Education, Mysore – 6,
57	2001	25-26 Jun	Mysore	Resource person	National level workshop to develop the wall chart in adolescent education, Population Education Cell, Regional Institute of Education	Population Education Cell, Regional Institute of Education, Mysore – 6
58	1998	5-6 Mar	Bangalore	Resource person	Question bank Project on General Intelligence and Reasoning	Staff Selection Commission, Bangalore
59	1997	21-25	Mysore	Resource		Population Education Cell,

		July		person		Regional Institute of Education, Mysore – 6
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CONFERENCES / WORKSHOPS (NATIONAL): PAPER PRESENTATION

sl	Year	Date/s	City	Title	Conference	Organizers
1	2014	21-23 Nov	Mysore	Effectiveness of non verbal training communication on marital satisfaction	“NCIASP”-National Conference of Indian Association for social psychiatry’	Dept. of Psychiatry, JSS Medical college & Hospital, Mysore
2	2014	14-15 Nov	Rajamandry	“assessment of occupational stress among medical professionals-A study of doctors, nurses and medical representatives-in absentia	ICSSR sponsored national seminar on stress and Resilience: in children, adolescents, women and support groups	Dept. of Psychology, AdikaviNannaya University,
3	2012	12 apr	Mangalore	Factors influencing purchasing behaviour of green durables-a consumer perspective	Manegma-2012-national conference on sustainable growth in Developing Economies-Challenges faced in turbulent times,	Srinivas Institute of Management Studies, Mangalore
4	2011	18-19 Feb	Mangalore	Occupational & stress and proneness to psycho-medical illnesses-A study of employees in medical profession workshop on “SPSS” and also chaired a session on HRM related papers (Track-7)	National Conference on Business and management’	Sahyadri College of Engineering and management, Mangalore
5	2010	27-29 Oct	Mysore	Current employment retention strategies’	National conference on HR paradigms in the 2 ^{1st} century: A social work perspective”	P G Dept of Social work, JSS College of arts, Commerce & Science, Mysore.
6	2009	25-27 Feb	Bangalore	Assessment of stress among	32 nd All India Criminology National	Bangalore University and The

				physically challenged prisoners”	conference on “Science, technology law and criminal justice	Indian Society of Criminology
7	2008	8-9 Aug	Mysore	Shyness treatment by Cognitive therapies	“Behaviour modification skills for teachers of Higher education”	Academic Staff College, University of Mysore
8	2008	30 Jan-2 Feb	Panjim, Goa	Assessment of Shyness and anxiety among women athletes and their relationship”	XII National conference on “Healthy life style through sports”	Sri Dora Caculo College of Commerce and Management, NAPCESS (National Association of Physical education and sports sciences) and Sports Authority of Goa (SAG)
9	2007	23-25 Feb	Kolkata	Assessment of Shyness and anxiety and their relationship among women athletes	XI National conference on “Dynamic role of physical education sports sciences for the development of sports culture in Indian Universities”	AIU (Association of Indian Universities) and NAPCESS (National Association of Physical education and sports sciences

PARTICIPATION (NATIONAL)

sl	Year	Date/s	City	Status	Conference	Organizers
1	2007	29-30 Dec	Mercara	<i>Delegate</i>	Forest and microbial diversity and its relevance	Department of Microbiology, Mangalore University, and Karnataka Bio-diversity Board, Bangalore
2	2007	4-5 Oct	Bangalore	<i>Delegate</i>	National seminar on Indigenous knowledge systems in India	Department of studies in Anthropology, University of Mysore, Anthropological Survey of India, Kolkata and Garden City College, Bangalore
3	2006	16 Sep	Mysore	<i>Delegate</i>	workshop on “Organizational behaviour-a practical approach”	DOS in Psychology, University of Mysore and The foundation for Research, Education &Development
4	2002	29 Nov – 1 Dec	Mysore	<i>Delegate</i>	IPSOCON 2002 of Indian Psychiatric Society – South Zone,	JSS Medical College, Mysore Medical College and Neuro Psychiatrists association, Mysore
5	2002	15-16	Mysore	<i>Delegate</i>	National Seminar	Centre for Information

		Jan			on “Worldwide Web Education” (W3E),	Science and Technology (CIST), University of Mysore, and Union Network International (UNI), Switzerland
6	2000	25-27 Oct	Mysore	<i>Delegate</i>	KANCIPS – 2000 of Indian Psychiatric Society– Karnataka Chapter	JSS Medical College, Mysore Medical College and Neuro – Psychiatrists association, Mysore

ORGANIZING COMMITTEE MEMBER (NATIONAL)

sl	Year	Date/s	City	Status	Conference	Organizers
1	2016	3-7 Jan	Mysore	<i>Organizing committee member- Audio visual committee</i>	The Indian science Congress Association (ISCA)	University of Mysore
2	2011	4-6 Feb	Mysore	<i>Organizing committee member</i>	46 th National and 15 th International Conference of Indian academy of Applied psychology on “Life skills for quality of life”	Dept. of Psychology, University of Mysore
3	2004	8-11 Jan	Mysore	<i>Organizing committee member</i>	National Conference of ANCIPS 2004 of Indian Psychiatric Society – South Zone,	JSS Medical College, Mysore Medical College and Neuro – Psychiatrists association, Mysore
4	1999	15-18 Nov	Mysore	<i>Organizing committee member</i>	A study on Awareness and attitudes of students from DMS Organised	Population Education Cell, Regional Institute Mysore
5	1999	8-10 July	Mysore	<i>Organizing committee member</i>	Discussion meeting on Behavioural Ecology	Dept. of Studies in Zoology, University of Mysore, Mysore
6	1999	19-22 sept	Mysore	<i>Organizing committee member</i>	National Symposium on Retrospect and Prospect of UTA Programme	NSS Training and orientation Centre for Karnataka, Mysore
7	1992	12-13 Sep	Mysore	<i>Organizing committee</i>	National conference of Indian Psychiatric	JSS Medical College Mysore

				<i>member</i>	Society	
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Countries visited for various academic and other purposes

Sl	Country	Sl	Country	Sl	Country
1	Japan	9	Malaysia	17	Switzerland
2	Singapore	10	Thailand	18	Italy
3	United Kingdom	11	Iran	19	Hong Kong
4	Egypt	12	Sri Lanka	20	Australia
5	Israel	13	South Africa	21	Germany
6	Palestine	14	United Arab Emirates	22	Netherlands
7	Jordan	15	Spain	23	Czech Republic
8	Kuwait	16	France	24	

OTHER ACTIVITIES:Resource Person:

Sl no	University/Institute	Specific institute
1	University of Mysore	Academic staff College
		NSS Training and Orientation Center for Karnataka, Mysore
		D.S.E.R.T
		Employment Cell, UOM
		Centre for social inclusion and exclusion policy
		Dept. of Bio-chemistry
		Dept. of Molecular biology
2	Karnataka State Open University (KSOU),	Dept. of Psychology, Education & management
		NSS Training and Orientation Center for Karnataka, Mysore
3	Christ university	Dept of Psychology,
		CEDBEC-centre for education beyond curriculum
4	Calicut University, Koikode, Kerala	Dept. of Education
5	Central University of Karnataka, Gulburga	School of business
6	Tumkur University	Dept of management studies

15

7	Team Lease skills university, Vododara, Gujarath	Personnel selection
8	Visvesharaiah Technological University, Regional centre, Sathagalli, Mysore	Department of Management Science, VTU PG Centre, Sathagalli, Mysore
9	JSS university, Mysore	Dental college, Medical college
10	Kuvempu University	Manasa Educational foundation
11	Mangalore University	P G Dept of Microbiology
12	Indira Gandhi National open university	Study center, Mandya
13	Agricultural University, Karnataka	Shimoga centre
14	AYUSH, Govt of Karnataka	Ayurveda
15	NCERT	Population Education Cell, Regional Institute of Education
16	JSS College, Ooty Road, Mysore.	Dept. of Industrial Microbiology,
		. P G Dept. of Social work
17	Government College of Indian Medicine, Mysore	Kayachikitsa and Siddantha Departments
18	SDM-IMD, Mysore	Management Sciences
19	NSS programme cell, Bangalore	Dept of Youth Affairs, Govt. of Karnataka
20	City Armed Reserve Police	City Armed Reserve Police, Mysuru
21	All India Radio, Mysuru	Phone-in-programmes