# UNIVERSITY OF MYSORE UNIVERSITY HEALTH CENTRE

#### MAHARAJA'S / YUVARAJA'S COLLEGE CAMPUS, MYSORE

# SENIOR MEDICAL OFFICER

## Dr. M. S. BASAVARAJ

M.B.B.S., MD.,

#### LADY MEDICAL OFFICER Dr. H. P. SUJATHA

M.B.B.S., MD.,

#### **HOSPITAL TIMINGS :**

Week Days : 9.00 AM to 12.30 PM and 4.30 PM to 6.00 PM

On Holidays : 9.00 AM to 12.00 PM

#### TELEPHONE NO.

0821-2419308 0821-2419259

#### > The Health centre caters to the medical needs

- Maharaja's college,
- Yuvaraja's College,
- Maharaja's Evening College
- Postgraduate departments of Manasagangotri
- PG Centre Mandya, Hassan and Chamarajanagar

The Health Centre also serves the Employees of the University of Mysore (both Teaching and Non-teaching) and their dependents. Besides, the Centre also provides Medical service to Retired employees of the University of Mysore.

#### > Nature of Disease Treated and Facilities Provided

Common ailments like respiratory infections, gastrointestinal infection, skin ailments, trauma and chronic diseases like diabetes, hypertension, Asthma and Heart diseases. The Centre also provides most of the essential medicines free of cost to the patients. Employees have the facility of medical reimbursement.

#### Activities of Health Centre

Health screening camps are held with the help of Pharma companies Health Camps for the detection and monitoring of following diseases :

- Diabetes
- Asthma
- Hypertension
- Lipid disorders
- Bone mineral density
- Peripheral neuropathy
- Gout
- Peripheral neuropathy
- Micro albuminuria
- Thyroid disorders

#### Health Education Lectures

Believing in the principle of "Prevention is better than cure" and "Teaching the Teacher" has helped the centre to promote healthy ways of living. The centre has made endavours to spread the scientific information in the field of medicine to teaching faculty, students and public.

#### > <u>Topics covered in Educational Programmes :</u>

Emerging diseases from a social perspective

- Youth and Health
- H1N1 Influenza
- HIV/AIDS
- Stress Management
- Diabetes and Heart Ailments
- Personal Hygeine / Community Hygeine
- Water and Food Borne Diseases

#### > Important activities of Health Centre

- Dr. Basavaraj M. S, the Medical Officer underwent training as an educator and conducted "National Diabetes Educator Program" – NDEP and trained 23 Paramedical staff including 3 from Health centre as trained diabetes educators. This program was designed by the International Diabetic Federation and organized by USV ltd. The Centre has been authorized to conduct the program for the second consecutive year. We have 27 participants including 7 doctors in this program this year.
- Dr. Basavaraj M S, is a Member of the Institutional Human Ethical Committee, University of Mysore.

- Dr. Basavaraj M. S, is a Institutional Bio-Safety Officer, Coffee Board Research Station, Mysore
- He has regularly attended National and International conferences and CME programs as a delegate and resource person.
- He regularly conducts CME programs to doctors to share information about advances in the field of medical science.
- The Doctors provide clinical material to research scholars for carrying out research activities after obtaining clearance from ethical committee
- RURAL HEALTH CAMPs have been conducted in association with NGOs. In the rural health camps the Doctors have screened over 800 people for Diabetes, Hypertension, Asthma, Skin diseases and other medical problems.

Year	Out	X- Ray	ECG	In	Minor	Camps	Lab tests
	Patients			Patients	ОТ		
2007-08	15715	288	106	-	-	-	-
2008-09	16513	501	115	-	-	-	-
2009-10	14312	348	157	-	-	03	-
2010-11	21941	408	91	117	308	12	-
2011-12	22684	508	300	122	348	13	186
2012-13	21941	558	115	85	273	7	356
2013-14	22396	341	127	221	101	16	
2014-15	26151	198	117	417	27	25	990

#### **OUT PATIENTS TREATED DURING 2007-13**

### **BIO-DATA**



•Name	:	Dr. M. S. Basavaraj
•Designation	:	Deputy Chief Medical Officer University Hospital University of Mysore, Mysore-570006
•Qualification	:	MBBS, MD (Microbiology), Diploma in Diabetology
•Memberships	:	* Fellowship in diabetology from Harvard Medical School Boston, Massachusetts, USA, in 2000
		* Permanent Invitee Biomedical waste Management, ministry of Environment, Govt. of India,
		* Research society for study of diabetes in India
		* Association of physicians of India
Academic Interest	:	Transfer of knowledge from Research to Patient management

### • Has delivered more than 500 lectures on

- 1. Diabetes
- 2. HIV / AIDS,
- 3. Youth and health,

- Emerging diseases : A social Perspective,
  Biomedical waste management.
  Woman's health